

ACAW Food Service MENU

VEGETARIAN

CENTER NAME : *Parent Infant Center*

August / 2026



			MONDAY		TUESDAY		WEDNESDAY	1	THURSDAY	2	FRIDAY
Lunch	Meat / Alt								Chick'n Slders		
	Grain								WG Rolls		
	Veg								Green Beans		
	Fruit								Honeydew Melon		
	Milk								Whole Milk (1 yr), 1% low fat (2+ yrs)		
		5	MONDAY	6	TUESDAY	7	WEDNESDAY	8	THURSDAY	9	FRIDAY
Lunch	Meat / Alt		Plant Based / Dairy Free Sweedish Meatball		Veggie Burger w/ Cheese Option		Veggie & Hummus Wrap		Teryaki Chick'n		
	Grain		WG Egg Noodles		WG Hamburger Bun		WG Tortilla		Brown Rice		
	Veg		Vegetable Medley		Tater Tots		Mixed Vegetable		Green Beans		
	Fruit		Apple Slices		Canteloupe Melon		Oranges		Honeydew Melon		
	Milk		Whole Milk (1 yr), 1% low fat (2+ yrs)		Whole Milk (1 yr), 1% low fat (2+ yrs)		Whole Milk (1 yr), 1% low fat (2+ yrs)		Whole Milk (1 yr), 1% low fat (2+ yrs)		
		12	MONDAY	13	TUESDAY	14	WEDNESDAY	15	THURSDAY	16	FRIDAY
Lunch	Meat / Alt		Spaghetti w/ Plant Based Beef Marinara		Beef Taco (Plant Based Beef)		Veggie & Hummus Wrap		Cheesesteak Slider w/ Plant Based Beef & DF Cheese		
	Grain		WG Pasta		WG Tortilla		WG Tortilla		Brown Rice		
	Veg		Vegetable Medley		Sweet Corn		Garden Salad		Green Beans		
	Fruit		Apple Slices		Canteloupe Melon		Oranges		Honeydew Melon		
	Milk		Whole Milk (1 yr), 1% low fat (2+ yrs)		Whole Milk (1 yr), 1% low fat (2+ yrs)		Whole Milk (1 yr), 1% low fat (2+ yrs)		Whole Milk (1 yr), 1% low fat (2+ yrs)		
		19	MONDAY	20	TUESDAY	21	WEDNESDAY	22	THURSDAY	23	FRIDAY
Lunch	Meat / Alt		Mac & Cheese		Veggie Burger w/ Cheese Option		Ranch Chick'n Snack Wrap		BBQ Chick'n		
	Grain		WG Pasta		WG Hamburger Bun		WG Tortilla		WG Butttered		
	Veg		Vegetable Medley		Tater Tots		Garden Salad		Green Beans		
	Fruit		Apple Slices		Canteloupe Melon		Oranges		Honeydew Melon		
	Milk		Whole Milk (1 yr), 1% low fat (2+ yrs)		Whole Milk (1 yr), 1% low fat (2+ yrs)		Whole Milk (1 yr), 1% low fat (2+ yrs)		Whole Milk (1 yr), 1% low fat (2+ yrs)		
		26	MONDAY	27	TUESDAY	28	WEDNESDAY	29	THURSDAY	30	FRIDAY
Lunch	Meat / Alt		Spaghetti w/ Plant Based Beef Marinara		Beef Taco (Plant Based Beef)		Veggie & Hummus Wrap		Chick'n Slders		
	Grain		WG Pasta		WG Tortilla		WG Tortilla		WG Rolls		
	Veg		Vegetable Medley		Sweet Corn		Garden Salad		Green Beans		
	Fruit		Apple Slices		Canteloupe Melon		Oranges		Honeydew Melon		
	Milk		Whole Milk (1 yr), 1% low fat (2+ yrs)		Whole Milk (1 yr), 1% low fat (2+ yrs)		Whole Milk (1 yr), 1% low fat (2+ yrs)		Whole Milk (1 yr), 1% low fat (2+ yrs)		