

ACAW Food Service MENU

DAIRY FREE

CENTER NAME : *Parent Infant Center*



			MONDAY		TUESDAY		WEDNESDAY	1	THURSDAY	2	FRIDAY
Lunch	Meat / Alt								BBQ Chicken Slders w/ No Cheese		
	Grain								WG Rolls		
	Veg								Green Beans		
	Fruit								Honeydew Melon		
	Milk								Whole Milk (1 yr), 1% low fat (2+ yrs)		
		5	MONDAY	6	TUESDAY	7	WEDNESDAY	8	THURSDAY	9	FRIDAY
Lunch	Meat / Alt		Beef Meatball w/ Gravy		Beef Burger w/ No Cheese		TurkeyHam & DF Cheese		Teryaki Chicken		
	Grain		WG Egg Noodles		WG Hamburger Bun		WG Tortilla		Brown Rice		
	Veg		Vegetable Medley		Tater Tots		Mixed Vegetable		Green Beans		
	Fruit		Apple Slices		Canteloupe Melon		Oranges		Honeydew Melon		
	Milk		Whole Milk (1 yr), 1% low fat (2+ yrs)		Whole Milk (1 yr), 1% low fat (2+ yrs)		Whole Milk (1 yr), 1% low fat (2+ yrs)		Whole Milk (1 yr), 1% low fat (2+ yrs)		
		12	MONDAY	13	TUESDAY	14	WEDNESDAY	15	THURSDAY	16	FRIDAY
Lunch	Meat / Alt		Spaghetti w/ Beef Marinara		Beef Taco (Ground Beef)		Turkey & DF Cheese Wrap		Cheesesteak Slider w/ DF Cheese		
	Grain		WG Pasta		WG Tortilla		WG Tortilla		Brown Rice		
	Veg		Vegetable Medley		Sweet Corn		Garden Salad		Green Beans		
	Fruit		Apple Slices		Canteloupe Melon		Oranges		Honeydew Melon		
	Milk		Whole Milk (1 yr), 1% low fat (2+ yrs)		Whole Milk (1 yr), 1% low fat (2+ yrs)		Whole Milk (1 yr), 1% low fat (2+ yrs)		Whole Milk (1 yr), 1% low fat (2+ yrs)		
		19	MONDAY	20	TUESDAY	21	WEDNESDAY	22	THURSDAY	23	FRIDAY
Lunch	Meat / Alt		Mac & Cheese		Beef Burger w/ No Cheese		Chicken Snack Wrap w/ Vegan		Chicken Drumstick		
	Grain		WG Pasta		WG Hamburger Bun		WG Tortilla		WG Buttered		
	Veg		Vegetable Medley		Tater Tots		Garden Salad		Green Beans		
	Fruit		Apple Slices		Canteloupe Melon		Oranges		Honeydew Melon		
	Milk		Whole Milk (1 yr), 1% low fat (2+ yrs)		Whole Milk (1 yr), 1% low fat (2+ yrs)		Whole Milk (1 yr), 1% low fat (2+ yrs)		Whole Milk (1 yr), 1% low fat (2+ yrs)		
		26	MONDAY	27	TUESDAY	28	WEDNESDAY	29	THURSDAY	30	FRIDAY
Lunch	Meat / Alt		Spaghetti w/ Beef Marinara		Beef Taco (Ground Beef)		Veggie & Hummus Wrap		BBQ Chick'n Slders		
	Grain		WG Pasta		WG Tortilla		WG Tortilla		WG Rolls		
	Veg		Vegetable Medley		Sweet Corn		Garden Salad		Green Beans		
	Fruit		Apple Slices		Canteloupe Melon		Oranges		Honeydew Melon		
	Milk		Whole Milk (1 yr), 1% low fat (2+ yrs)		Whole Milk (1 yr), 1% low fat (2+ yrs)		Whole Milk (1 yr), 1% low fat (2+ yrs)		Whole Milk (1 yr), 1% low fat (2+ yrs)		