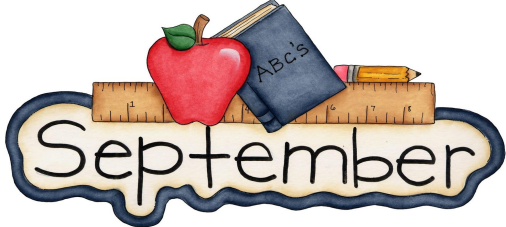


ACAW Food Service MENU

VEGETARIAN

CENTER NAME : Parent Infant Center
September / 2026



			MONDAY	1	TUESDAY	2	WEDNESDAY	3	THURSDAY	4	FRIDAY
Lunch	Meat / Alt				Beef Taco (Plant Based Beef)		Veggie & Hummus Wrap		Chick'n Slders		
	Grain				WG Tortilla		WG Tortilla		WG Rolls		
	Veg				Sweet Corn		Garden Salad		Green Beans		
	Fruit				Cantaloupe Melon		Oranges		Honeydew Melon		
	Milk				Whole Milk (1 yr), 1% low fat (2+ yrs)		Whole Milk (1 yr), 1% low fat (2+ yrs)		Whole Milk (1 yr), 1% low fat (2+ yrs)		
		7	MONDAY	8	TUESDAY	9	WEDNESDAY	10	THURSDAY	11	FRIDAY
Lunch	Meat / Alt				Veggie Burger w/ Cheese Option		Plant Based Cheesteak Slider		Teryaki Chick'n		
	Grain		PIC CLOSED		WG Hamburger Bun		WG Rolls		Brown Rice		
	Veg				Tater Tots		Mixed Vegetable		Green Beans		
	Fruit				Cantaloupe Melon		Oranges		Honeydew Melon		
	Milk				Whole Milk (1 yr), 1% low fat (2+ yrs)		Whole Milk (1 yr), 1% low fat (2+ yrs)		Whole Milk (1 yr), 1% low fat (2+ yrs)		
		14	MONDAY	15	TUESDAY	16	WEDNESDAY	17	THURSDAY	18	FRIDAY
Lunch	Meat / Alt		Spaghetti w/ Plant Based Beef		Beef Taco (Plant Based Beef)		Veggie & Hummus Wrap		Veggie Casserole		
	Grain		WG Pasta		WG Tortilla		WG Tortilla		Brown Rice		
	Veg		Vegetable Medley		Sweet Corn		Garden Salad		Green Beans		
	Fruit		Apple Slices		Cantaloupe Melon		Oranges		Honeydew Melon		
	Milk		Whole Milk (1 yr), 1% low fat (2+ yrs)		Whole Milk (1 yr), 1% low fat (2+ yrs)		Whole Milk (1 yr), 1% low fat (2+ yrs)		Whole Milk (1 yr), 1% low fat (2+ yrs)		
		21	MONDAY	22	TUESDAY	23	WEDNESDAY	24	THURSDAY	25	FRIDAY
Lunch	Meat / Alt		Mac & Cheese		Beef Taco (Plant Based Beef)		Ranch Chick'n Snack Wrap		BBQ Chick'n		
	Grain		WG Pasta		WG Hamburger Bun		WG Tortilla		WG Butttered		
	Veg		Vegetable Medley		Tater Tots		Garden Salad		Green Beans		
	Fruit		Apple Slices		Cantaloupe Melon		Oranges		Honeydew Melon		
	Milk		Whole Milk (1 yr), 1% low fat (2+ yrs)		Whole Milk (1 yr), 1% low fat (2+ yrs)		Whole Milk (1 yr), 1% low fat (2+ yrs)		Whole Milk (1 yr), 1% low fat (2+ yrs)		
		28	MONDAY	29	TUESDAY	30	WEDNESDAY				
Lunch	Meat / Alt		Spaghetti w/ Plant Based Beef		Beef Taco (Plant Based Beef)		Veggie & Hummus Wrap				
	Grain		WG Pasta		WG Tortilla		WG Tortilla				
	Veg		Vegetable Medley		Sweet Corn		Garden Salad				
	Fruit		Apple Slices		Cantaloupe Melon		Oranges				
	Milk		Whole Milk (1 yr), 1% low fat (2+ yrs)		Whole Milk (1 yr), 1% low fat (2+ yrs)		Whole Milk (1 yr), 1% low fat (2+ yrs)				