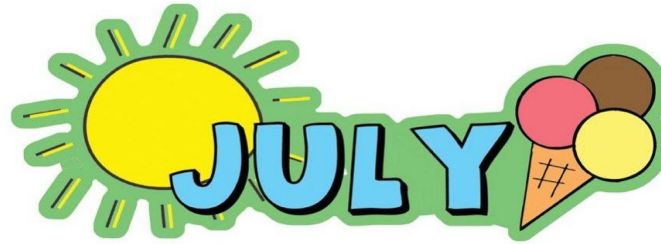


DAIRY FREE MENU
4 - WEEK ROTATING MENU

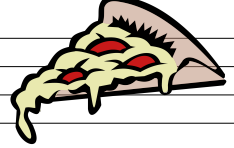
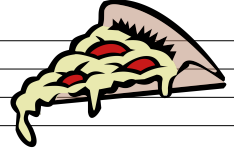
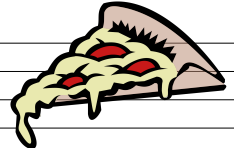
MONTH: **JULY**
YEAR: **2025**

CENTER: **PARENT INFANT CENTER**



ACAW Enterprise
Childcare Food Service & Manufacturing

MENU KEY:	
(D) = Dairy	
(B) = Beef	
(E) = Egg	
(C) = Citrus	
(W) = Wheat	

MONDAY		1	TUESDAY		2	WEDNESDAY		3	THURSDAY		4	FRIDAY	
			Meat / Chicken Taco			Meat / Eggie & Hummus Wraps			Meat / Eggie Casserole				
			Alt Plant Based Chicken			Alt Plant Based Chicken			Alt Plant Based Chicken				
			Grain WG Tortilla			Grain WG Tortilla Wrap			Grain WG Pasta				
			Veg Coleslaw			Veg Tossed Salad w/ Dressing			Veg Glazed Carrots				
			Fruit Fresh Fruit, Watermelon			Fruit Fresh Fruit, Oranges			Fruit Fresh Fruit, Banana				
		L / D	Milk 1% or Whole Milk		L / D	Milk 1% or Whole Milk		L / D	Milk 1% or Whole Milk		L / D		PIC CLOSED
MONDAY		7	TUESDAY		8	WEDNESDAY		9	THURSDAY		10	FRIDAY	
	Meat / Sloppy Joe		Meat / Beef Taco			Meat / Honey Mustard Chick'n Wrap			Meat / Turkey & Gravy				
	Alt Plant Based Sausage		Alt Plant Based Sausage			Alt Plant Based Chicken Nuggets			Alt Plant Based Chicken				
	Grain WG Dinner Roll		Grain WG Tortilla Wrap			Grain WG Tortilla Wrap			Grain Brown Rice				
	Veg Green Beans		Veg Tomato Salsa / Lettuce			Veg Tossed Salad w/ Dressing			Veg Cauliflower Medley				
	Fruit Fresh Fruit, Canteloupe		Fruit Fresh Fruit, Watermelon			Fruit Fresh Fruit, Oranges			Fruit Fresh Fruit, Banana				
L / D	Milk 1% or Whole Milk		L / D	Milk 1% or Whole Milk		L / D	Milk 1% or Whole Milk		L / D	Milk 1% or Whole Milk		L / D	
MONDAY		14	TUESDAY		15	WEDNESDAY		16	THURSDAY		17	FRIDAY	
	Meat / Spaghetti		Meat / Fish Taco			Meat / Eggie & Hummus Wraps			Meat / Tomato Basil Pasta				
	Alt Ground Beef		Alt Pollock Fish Nuggets			Alt Plant Based Chicken			Alt Plant Based Chicken Breast				
	Grain WG Pasta		Grain WG Tortilla			Grain WG Tortilla Wrap			Grain WG Pasta				
	Veg Green Beans		Veg Corn Salsa			Veg Tossed Salad w/ Dressing			Veg Cauliflower Medley				
	Fruit Fresh Fruit, Canteloupe		Fruit Fresh Fruit, Watermelon			Fruit Fresh Fruit, Oranges			Fruit Fresh Fruit, Banana				
L / D	Milk 1% or Whole Milk		L / D	Milk 1% or Whole Milk		L / D	Milk 1% or Whole Milk		L / D	Milk 1% or Whole Milk		L / D	
MONDAY		21	TUESDAY		22	WEDNESDAY		23	THURSDAY		24	FRIDAY	
	Meat / Beef Meatball		Meat / Beef Taco			Meat / Turkey Burger			Meat / Sweet & Sour Chicken				
	Alt Beef Meatballs		Alt Ground Beef / Cheese			Alt Ground Beef / Cheese			Alt Sweet & Sour Chicken				
	Grain WG Dinner Roll		Grain WG Tortilla Wrap			Grain WG Hamburger Bun			Grain Brown Rice				
	Veg Green Beans		Veg Tomato Salsa / Lettuce			Veg Sweet Corn			Veg Glazed Carrots				
	Fruit Fresh Fruit, Canteloupe		Fruit Fresh Fruit, Watermelon			Fruit Fresh Fruit, Oranges			Fruit Fresh Fruit, Banana				
L / D	Milk 1% or Whole Milk		L / D	Milk 1% or Whole Milk		L / D	Milk 1% or Whole Milk		L / D	Milk 1% or Whole Milk		L / D	
MONDAY		28	TUESDAY		29	WEDNESDAY		30	THURSDAY		31	FRIDAY	
	Meat / Spaghetti		Meat / Chicken Taco			Meat / Eggie & Hummus Wraps			Meat / Eggie Casserole				
	Alt Ground Beef		Alt Plant Based Chicken			Alt Plant Based Chicken			Alt Plant Based Chicken				
	Grain WG Pasta		Grain WG Tortilla			Grain WG Tortilla Wrap			Grain WG Pasta				
	Veg Green Beans		Veg Coleslaw			Veg Tossed Salad w/ Dressing			Veg Glazed Carrots				
	Fruit Fresh Fruit, Canteloupe		Fruit Fresh Fruit, Watermelon			Fruit Fresh Fruit, Oranges			Fruit Fresh Fruit, Banana				
L / D	Milk 1% or Whole Milk		L / D	Milk 1% or Whole Milk		L / D	Milk 1% or Whole Milk		L / D	Milk 1% or Whole Milk			