

ACAW Food Service MENU

VEGETARIAN

CENTER NAME : *Parent Infant Center*

April 2026



		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
Lunch	Meat / Alt					Veggie & Hummus on WG Wrap		Sweet & Sour Chick'n			
	Grain					WG Tortilla		Brown Rice			
	Veg					Tossed Salad		Green Beans			
	Fruit					Oranges		Honeydew Melon			
	Milk					Whole Milk (1 yr), 1% low fat (2+ yrs)		Whole Milk (1 yr), 1% low fat (2+ yrs)			
		6	MONDAY	7	TUESDAY	8	WEDNESDAY	9	THURSDAY	10	FRIDAY
Lunch	Meat / Alt		Spaghetti w/ Plant Based Sausage		BBQ Chick'n Taco		Veggie & Hummus on WG Wrap		Teryaki Beef Bowl w/ Plant Based Beef		
	Grain		WG Pasta		WG Tortilla		WG Tortilla		Brown Rice		
	Veg		Vegetable Medley		Sweet Corn		Tossed Salad		Green Beans		
	Fruit		Apple Slices		Cantaloupe Melon		Oranges		Honeydew Melon		
	Milk		Whole Milk (1 yr), 1% low fat (2+ yrs)		Whole Milk (1 yr), 1% low fat (2+ yrs)		Whole Milk (1 yr), 1% low fat (2+ yrs)		Whole Milk (1 yr), 1% low fat (2+ yrs)		
		13	MONDAY	14	TUESDAY	15	WEDNESDAY	16	THURSDAY	17	FRIDAY
Lunch	Meat / Alt		Mac & Cheese		Beef Taco (Plant Based Beef)		Honey Mustard Chick'n Wrap		Veggie Meatball w/ Gravy		
	Grain		WG Pasta		WG Tortilla		WG Tortilla		WG Egg Noodles		
	Veg		Vegetable Medley		Sweet Corn		Tossed Salad		Green Beans		
	Fruit		Apple Slices		Cantaloupe Melon		Oranges		Honeydew Melon		
	Milk		Whole Milk (1 yr), 1% low fat (2+ yrs)		Whole Milk (1 yr), 1% low fat (2+ yrs)		Whole Milk (1 yr), 1% low fat (2+ yrs)		Whole Milk (1 yr), 1% low fat (2+ yrs)		
		20	MONDAY	21	TUESDAY	22	WEDNESDAY	23	THURSDAY	24	FRIDAY
Lunch	Meat / Alt		Dairy Free / Veggie Casserole		BBQ Chick'n Taco		Veggie Burger		Chick'n & Gravy		
	Grain		WG Pasta		WG Tortilla		WH Hamburger Bun		Brown Rice		
	Veg		Vegetable Medley		Sweet Corn		Tater Tots		Green Beans		
	Fruit		Apple Slices		Cantaloupe Melon		Oranges		Honeydew Melon		
	Milk		Whole Milk (1 yr), 1% low fat (2+ yrs)		Whole Milk (1 yr), 1% low fat (2+ yrs)		Whole Milk (1 yr), 1% low fat (2+ yrs)		Whole Milk (1 yr), 1% low fat (2+ yrs)		
		27	MONDAY	28	TUESDAY	29	WEDNESDAY	30	THURSDAY		FRIDAY
Lunch	Meat / Alt		Meatball Sub (Veggie Meatballs & DF Mozzarella)		Beef Taco (Plant Based Beef)		Veggie & Hummus on WG Wrap		Sweet & Sour Chick'n		
	Grain		WG Dinner Roll		WG Tortilla		WG Tortilla		Brown Rice		
	Veg		Vegetable Medley		Sweet Corn		Tossed Salad		Green Beans		
	Fruit		Apple Slices		Cantaloupe Melon		Oranges		Honeydew Melon		
	Milk		Whole Milk (1 yr), 1% low fat (2+ yrs)		Whole Milk (1 yr), 1% low fat (2+ yrs)		Whole Milk (1 yr), 1% low fat (2+ yrs)		Whole Milk (1 yr), 1% low fat (2+ yrs)		