

CENTER NAME : The Parent Infant Center

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		MONDAY		TUESDAY		WEDNESDAY		1		THURSDAY		2		FRIDAY	
Lunch	Meat / Alt														
	Grain														
	Veg														
	Fruit														
	Milk														
		5	MONDAY	6	TUESDAY	7	WEDNESDAY	8	THURSDAY	9	FRIDAY				
Lunch	Meat / Alt	Spaghetti w/ Ground Beef		sh Sandwich w/ Tartar Slaw Topping		Dairy Free Mac & Cheese		Sweet & Sour Chicken							
	Grain	WG Pasta		WG Roll		WG Dinner Roll		Brown Rice							
	Veg	Green Beans		Sweet Corn		Glazed Carrots		Glazed Carrots							
	Fruit	Fresh Fruit , Apples		Fresh Fruit, Canteloupe		Fresh Fruit, Oranges		Fresh Fruit, Honeydew Melon							
	Milk	1% or Whole Milk		1% or Whole Milk		1% or Whole Milk		1% or Whole Milk							
		12	MONDAY	13	TUESDAY	14	WEDNESDAY	15	THURSDAY	16	FRIDAY				
Lunch	Meat / Alt	Meatball Sub Sandwich w/ DF Mozzarella		Beef Taco w/ Salsa & Lettuce		Chicken Salad		Tuscan Chicken							
	Grain	WG Roll		WG Tortilla		WG Tortilla Wrap		WG Pasta							
	Veg	Green Beans		Sweet Corn		Tossed Salad w/ Dressing		Cauliflower Medley							
	Fruit	Fresh Fruit , Apples		Fresh Fruit, Canteoupe Melon		Fresh Fruit, Oranges		Fresh Fruit, Honeydew Melon							
	Milk	Whole Milk (1 yr), 1% low fat (2+ yrs)		Whole Milk (1 yr), 1% low fat (2+ yrs)		Whole Milk (1 yr), 1% low fat (2+ yrs)		Whole Milk (1 yr), 1% low fat (2+ yrs)							
		19	MONDAY	20	TUESDAY	21	WEDNESDAY	22	THURSDAY	23	FRIDAY				
Lunch	Meat / Alt	PIC CLOSED		BBQ Chicken Taco		Honey Mustard Chicken Wrap		Chicken & Gravy							
	Grain			WGTortilla		WG Tortilla Wrap		Brown Rice							
	Veg			Sweet Corn		Tossed Salad w/ Dressing		Cauliflower Medley							
	Fruit			Fresh Fruit, Canteloupe		Fresh Fruit, Oranges		Fresh Fruit, Honeydew Melon							
	Milk			Whole Milk (1 yr), 1% low fat (2+ yrs)		Whole Milk (1 yr), 1% low fat (2+ yrs)		Whole Milk (1 yr), 1% low fat (2+ yrs)							
		25	MONDAY	26	TUESDAY	27	WEDNESDAY	29	THURSDAY	30	FRIDAY				
Lunch	Meat / Alt	Sweedish Meatballs (Made w/ Soy Milk)		Turkey Burger		Turkey Ham & DF Cheese		Veggie Casserole							
	Grain	WG Pasta		WG Hamburger Bun		WG Tortilla Wrap		WG Pasta							
	Veg	Green Beans		Sweet Potato Tots		Tossed Salad w/ Dressing		Cauliflower Medley							
	Fruit	Fresh Fruit, Apple Slices		Fresh Fruit, Canteloupe		Fresh Fruit, Oranges		Fresh Fruit, Honeydew Melon							
	Milk	Whole Milk (1 yr), 1% low fat (2+ yrs)		Whole Milk (1 yr), 1% low fat (2+ yrs)		Whole Milk (1 yr), 1% low fat (2+ yrs)		Whole Milk (1 yr), 1% low fat (2+ yrs)							