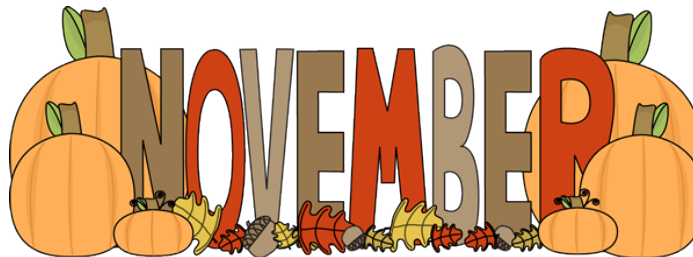


VEGETARIAN MENU

CENTER NAME : Parent Infant Center



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		3	MONDAY	4	TUESDAY	5	WEDNESDAY	6	THURSDAY	7	FRIDAY
Lunch	Meat / Alt		Sloppy Joe w/ PB Sausage		Beef Taco w/ Veggie Sausage		Honey Mustard Chick'n Wrap		Chick'n & Gravy		
	Grain		WG Dinner Roll		WG Tortilla Wrap		WG Tortilla Wrap		Brown Rice		
	Veg		Green Beans		Tomato Salsa / Lettuce		Tossed Salad w/ Dressing		Cauliflower Medley		
	Fruit		Fresh Fruit, Apple Slices		Fresh Fruit, Canteloupe		Fresh Fruit, Oranges		Fresh Fruit, Honeydew Melon		
	Milk		Whole Milk (1 yr), 1% low fat (2+ yrs)		Whole Milk (1 yr), 1% low fat (2+ yrs)		Whole Milk (1 yr), 1% low fat (2+ yrs)		Whole Milk (1 yr), 1% low fat (2+ yrs)		
		10	MONDAY	11	TUESDAY	12	WEDNESDAY	13	THURSDAY	14	FRIDAY
Lunch	Meat / Alt		Sweedish Veggie Meatballs		Veggie Burger		Veggie & Hummus Wraps		Veggie Casserole		
	Grain		WG Pasta		WG Hamburger Bun		WG Tortilla Wrap		WG Pasta		
	Veg		Green Beans		Tomato Salsa / Lettuce		Tossed Salad w/ Dressing		Cauliflower Medley		
	Fruit		Fresh Fruit, Apple Slices		Fresh Fruit, Canteloupe		Fresh Fruit, Oranges		Fresh Fruit, Honeydew Melon		
	Milk		Whole Milk (1 yr), 1% low fat (2+ yrs)		Whole Milk (1 yr), 1% low fat (2+ yrs)		Whole Milk (1 yr), 1% low fat (2+ yrs)		Whole Milk (1 yr), 1% low fat (2+ yrs)		
		17	MONDAY	18	TUESDAY	19	WEDNESDAY	20	THURSDAY	21	FRIDAY
Lunch	Meat / Alt		Veggie Meatball Sub Sundwich		Veggie Taco		Dairy Free Mac & Cheese		Sweet & Sour Chick'n		
	Grain		WG Dinner Roll		WG Tortilla		WG Dinner Roll		Brown Rice		
	Veg		Green Beans		Sweet Corn		Glazed Carrots		Glazed Carrots		
	Fruit		Fresh Fruit, Apple Slices		Fresh Fruit, Canteloupe		Fresh Fruit, Oranges		Fresh Fruit, Honeydew Melon		
	Milk		Whole Milk (1 yr), 1% low fat (2+ yrs)		Whole Milk (1 yr), 1% low fat (2+ yrs)		Whole Milk (1 yr), 1% low fat (2+ yrs)		Whole Milk (1 yr), 1% low fat (2+ yrs)		
		24	MONDAY	25	TUESDAY	26	WEDNESDAY	27	THURSDAY	28	FRIDAY
Lunch	Meat / Alt		Spaghetti w/ Veggie Sausage		BBQ Chick'n Taco		Veggie & Hummus Wraps		PIC CLOSED		PIC CLOSED
	Grain		WG Pasta		WG Tortilla Wrap		WG Tortilla Wrap				
	Veg		Green Beans		Sweet Corn		Tossed Salad w/ Dressing				
	Fruit		Fresh Fruit, Apple Slices		Fresh Fruit, Canteloupe		Fresh Fruit, Oranges				
	Milk		Whole Milk (1 yr), 1% low fat (2+ yrs)		Whole Milk (1 yr), 1% low fat (2+ yrs)		Whole Milk (1 yr), 1% low fat (2+ yrs)				