

STANDARD MENU

CENTER NAME : Parent Infant Center



3		MONDAY	4	TUESDAY	5	WEDNESDAY	6	THURSDAY	7	FRIDAY	
Lunch	Meat / Alt	Sloppy Joe		Beef Taco (Ground Beef)		Honey Mustard Chicken Wrap		Turkey & Gravy			
	Grain	WG Dinner Roll		WG Tortilla Wrap		WG Tortilla Wrap		Brown Rice			
	Veg	Green Beans		Tomato Salsa / Lettuce		Tossed Salad w/ Dressing		Cauliflower Medley			
	Fruit	Fresh Fruit , Apples		Fresh Fruit, Canteoupe Melon		Fresh Fruit, Oranges		Fresh Fruit, Honeydew Melon			
	Milk	Whole Milk (1 yr), 1% low fat (2+ yrs)		Whole Milk (1 yr), 1% low fat (2+ yrs)		Whole Milk (1 yr), 1% low fat (2+ yrs)		Whole Milk (1 yr), 1% low fat (2+ yrs)			
10		MONDAY	11	TUESDAY	12	WEDNESDAY	13	THURSDAY	14	FRIDAY	
Lunch	Meat / Alt	Sweedish Meatballs		Turkey Burger		Turkey Ham & Cheese		Chicken Casserole			
	Grain	WG Pasta		WG Hamburger Bun		WG Tortilla Wrap		WG Pasta			
	Veg	Green Beans		Sweet Potato Tots		Tossed Salad w/ Dressing		Cauliflower Medley			
	Fruit	Fresh Fruit , Apples		Fresh Fruit, Canteoupe Melon		Fresh Fruit, Oranges		Fresh Fruit, Honeydew Melon			
	Milk	Whole Milk (1 yr), 1% low fat (2+ yrs)		Whole Milk (1 yr), 1% low fat (2+ yrs)		Whole Milk (1 yr), 1% low fat (2+ yrs)		Whole Milk (1 yr), 1% low fat (2+ yrs)			
17		MONDAY	18	TUESDAY	19	WEDNESDAY	20	THURSDAY	21	FRIDAY	
Lunch	Meat / Alt	Meatball Sub Sandwich		Chicken Taco		Mac & Cheese		Sweet & Sour Chicken			
	Grain	WG Roll		WG Tortilla		WG Pasta		Brown Rice			
	Veg	Green Beans		Sweet Corn		Glazed Carrots		Cauliflower Medley			
	Fruit	Fresh Fruit , Apples		Fresh Fruit, Canteoupe Melon		Fresh Fruit, Oranges		Fresh Fruit, Honeydew Melon			
	Milk	Whole Milk (1 yr), 1% low fat (2+ yrs)		Whole Milk (1 yr), 1% low fat (2+ yrs)		Whole Milk (1 yr), 1% low fat (2+ yrs)		Whole Milk (1 yr), 1% low fat (2+ yrs)			
24		MONDAY	25	TUESDAY	26	WEDNESDAY	27	THURSDAY	28	FRIDAY	
Lunch	Meat / Alt	Spaghetti w/ Ground Beef		Pulled BBQ Chicken Taco		Turkey Ham & Cheese		PIC CLOSED		PIC CLOSED	
	Grain	WG Pasta		WG Tortilla		WG Tortilla Wrap					
	Veg	Green Beans		Sweet Corn		Tossed Salad w/ Dressing					
	Fruit	Fresh Fruit , Apples		Fresh Fruit, Canteoupe Melon		Fresh Fruit, Oranges					
	Milk	Whole Milk (1 yr), 1% low fat (2+ yrs)		Whole Milk (1 yr), 1% low fat (2+ yrs)		Whole Milk (1 yr), 1% low fat (2+ yrs)					