



		1	WEDNESDAY	2	THURSDAY	3	FRIDAY				
Lunch & Dinner	Meat / Alt	Honey Mustard Chick'n Wrap			Chick'n & Gravy						
	Grain	WG Tortilla Wrap			Brown Rice						
	Veg	Tossed Salad w/ Dressing			Cauliflower Medley						
	Fruit	Fresh Fruit, Oranges			Fresh Fruit, Honeydew Melon						
	Milk	1% or Whole Milk			1% or Whole Milk						
		6	MONDAY	7	TUESDAY	8	WEDNESDAY	9	THURSDAY	10	FRIDAY
Lunch & Dinner	Meat / Alt	Sweedish Veggie Meatballs		Veggie Burger		Veggie & Hummus Wraps		Veggie Casserole			
	Grain	WG Pasta		WG Hamburger Bun		WG Tortilla Wrap		WG Pasta			
	Veg	Green Beans		Tomato Salsa / Lettuce		Tossed Salad w/ Dressing		Cauliflower Medley			
	Fruit	Fresh Fruit, Apple Slices		Fresh Fruit, Canteloupe		Fresh Fruit, Oranges		Fresh Fruit, Honeydew Melon			
	Milk	1% or Whole Milk		1% or Whole Milk		1% or Whole Milk		1% or Whole Milk			
		13	MONDAY	14	TUESDAY	15	WEDNESDAY	16	THURSDAY	17	FRIDAY
Lunch & Dinner	Meat / Alt	PB Meatball Sub Sandwich		Veggie Taco		Dairy Free Mac & Cheese		Sweet & Sour Chick'n			
	Grain	WG Dinner Roll		WG Tortilla		WG Dinner Roll		Brown Rice			
	Veg	Green Beans		Sweet Corn		Glazed Carrots		Glazed Carrots			
	Fruit	Fresh Fruit, Apple Slices		Fresh Fruit, Canteloupe		Fresh Fruit, Oranges		Fresh Fruit, Honeydew Melon			
	Milk	1% or Whole Milk		1% or Whole Milk		1% or Whole Milk		1% or Whole Milk			
		20	MONDAY	21	TUESDAY	22	WEDNESDAY	23	THURSDAY	24	FRIDAY
Lunch & Dinner	Meat / Alt	Spaghetti w/ Veggie Sausage		BBQ Chick'n Taco		Veggie & Hummus Wraps		Tuscan Chick'n			
	Grain	WG Pasta		WG Tortilla Wrap		WG Tortilla Wrap		WG Pasta			
	Veg	Green Beans		Sweet Corn		Tossed Salad w/ Dressing		Glazed Carrots			
	Fruit	Fresh Fruit, Apple Slices		Fresh Fruit, Canteloupe		Fresh Fruit, Oranges		Fresh Fruit, Honeydew Melon			
	Milk	1% or Whole Milk		1% or Whole Milk		1% or Whole Milk		1% or Whole Milk			
		27	MONDAY	28	TUESDAY	29	WEDNESDAY	30	THURSDAY	31	FRIDAY
Lunch & Dinner	Meat / Alt	Sloppy Joe w/ PB Sausage		Beef Taco w/ Veggie Sausage		Honey Mustard Chick'n Wrap		Chick'n & Gravy			
	Grain	WG Dinner Roll		WG Tortilla Wrap		WG Tortilla Wrap		Brown Rice			
	Veg	Green Beans		Tomato Salsa / Lettuce		Tossed Salad w/ Dressing		Cauliflower Medley			
	Fruit	Fresh Fruit, Apple Slices		Fresh Fruit, Canteloupe		Fresh Fruit, Oranges		Fresh Fruit, Honeydew Melon			
	Milk	1% or Whole Milk		1% or Whole Milk		1% or Whole Milk		1% or Whole Milk			