

# STANDARD MENU

CENTER NAME : Parent Infant Center



Lunch & Dinner	Meat / Alt		MONDAY		TUESDAY	1	WEDNESDAY	2	THURSDAY	3	FRIDAY
	Grain						Honey Mustard Chicken Wrap		Turkey & Gravy		
	Veg						WG Tortilla Wrap		Brown Rice		
	Fruit						Tossed Salad w/ Dressing		Cauliflower Medley		
	Milk						Fresh Fruit, Oranges		Fresh Fruit, Honeydew Melon		
		6	MONDAY	7	TUESDAY	8	WEDNESDAY	9	THURSDAY	10	FRIDAY
Lunch & Dinner	Meat / Alt		Spaghetti w/ Ground Beef		Turkey Burger		Turkey Ham & Cheese		Chicken Casserole		
	Grain		WG Pasta		WG Hamburger Bun		WG Tortilla Wrap		WG Pasta		
	Veg		Green Beans		Sweet Potato Tots		Tossed Salad w/ Dressing		Cauliflower Medley		
	Fruit		Pears		Mandarin Oranges		( C ) Fruit Cocktail		(C) Pineapple		
		Milk		1% or Whole Milk		1% or Whole Milk		1% or Whole Milk		1% or Whole Milk	
		13	MONDAY	14	TUESDAY	15	WEDNESDAY	16	THURSDAY	17	FRIDAY
Lunch & Dinner	Meat / Alt		Meatball Sub Sandwich		Chicken Taco		Mac & Cheese		Sweet & Sour Chicken		
	Grain		WG Roll		WG Tortilla		WG Pasta		Brown Rice		
	Veg		Green Beans		Sweet Corn		Glazed Carrots		Cauliflower Medley		
	Fruit		Pears		(C) Mandarin Oranges		( C ) Fruit Cocktail		(C) Pineapple		
		Milk		1% or Whole Milk		1% or Whole Milk		1% or Whole Milk		1% or Whole Milk	
		20	MONDAY	21	TUESDAY	22	WEDNESDAY	23	THURSDAY	24	FRIDAY
Lunch & Dinner	Meat / Alt		Spaghetti w/ Ground Beef		Pulled BBQ Chicken Sandwich		Turkey Ham & Cheese		Tuscan Chicken		
	Grain		WG Pasta		Wh Roll		WG Tortilla Wrap		WG Pasta		
	Veg		Green Beans		Coleslaw		Tossed Salad w/ Dressing		Cauliflower Medley		
	Fruit		Pears		Mandarin Oranges		( C ) Fruit Cocktail		(C) Pineapple		
		Milk		1% or Whole Milk		1% or Whole Milk		1% or Whole Milk		1% or Whole Milk	
		27	MONDAY	28	TUESDAY	29	WEDNESDAY	30	THURSDAY	31	FRIDAY
Lunch & Dinner	Meat / Alt		Sloppy Joe		Beef Taco ( Ground Beef )		Honey Mustard Chicken Wrap		Chicken & Gravy		
	Grain		WG Dinner Roll		WG Tortilla Wrap		WG Tortilla Wrap		Brown Rice		
	Veg		Green Beans		Tomato Salsa / Lettuce		Tossed Salad w/ Dressing		Cauliflower Medley		
	Fruit		Pears		(C) Mandarin Oranges		Fresh Fruit, Oranges		Fresh Fruit, Honeydew Melon		
		Milk		1% or Whole Milk		1% or Whole Milk		1% or Whole Milk		1% or Whole Milk	