## **DAIRY FREE MENU**

4 - WEEK ROTATING MENU

MONTH: AUGUST YEAR: 2025

CENTER: PARENT INFANT CENTER





ACAW Enterprise Childcare Food Service & Manufacturing

MENU KEY:
(D) = Dairy
(B) = Beef
(E) = Egg
(C) = Citrus
(W) = Wheat

		MONDAY	1		TUESDAY	2		WEDNESDAY	3		THURSDAY	4	FRIDAY
				Meat /	Chicken Taco		Meat /			Meat /	eggie Casserole		
				Alt	Plant Based Chicken		Alt	ggie & Hummus Wraps		Alt	t Based Chicken		- Land
				Grain	WG Tortilla		Grain	WG Tortilla Wrap		Grain	WG Pasta		
				Veg	Coleslaw		Veg	Tossed Salad w/ Dressing		Veg	Cauliflower Medley		
				Fruit	Fresh Fruit, Watermelon		Fruit	Fresh Fruit, Oranges		Fruit	Fresh Fruit, Banana		الم الم
			L/D	Milk	Whole milk (1 yr), 1% low-fat (2 yrs+)	L/D	Milk	Whole milk (1 yr), 1% low-fat (2 yrs+)	L/D	Milk	Whole milk (1 yr), 1% low-fat (2 yrs+)	L/D	
4 MONDAY 5 TUESDAY 6 WEDNESDAY 7 THURSDAY 8 FRIDAY											FRIDAY		
4		MONDAY	ə			6			/		THURSDAY	0	FRIDAT
	Meat / Alt	Sloppy Joe		Meat / Alt	ef Taco Plant Based Sausage		Meat /	Honey Mustard Chick'n Wrap Plant Based Chicken Nuggets		Meat / Alt	Turkey & Gravy		No.
	Grain	WG Dinner Roll		Grain	WG Tortilla Wrap		Grain	WG Tortilla Wrap	1	Grain	Brown Rice	1	
	Veq	Green Beans	-	Veq	Tomato Salsa / Lettuce		Veq	Tossed Salad w/ Dressing	1	Veg	Cauliflower Medlev	1	
	Fruit	Fresh Fruit, Canteloupe	-	Fruit	Fresh Fruit. Watermelon		Fruit	Fresh Fruit, Oranges	-	Fruit	Fresh Fruit. Banana	1 -	( And )
		· · · · · ·	. , ,		,	. , ,			٠,,		,	<del> </del> ⊦	- 0
L/D	Milk	Whole milk (1 yr), 1% low-fat (2 yrs+)	L/D	Milk	Whole milk (1 yr), 1% low-fat (2 yrs+)	L/D	IVIIIK	Whole milk (1 yr), 1% low-fat (2 yrs+)	L/D	Milk	Whole milk (1 yr), 1% low-fat (2 yrs+)	L/D	
11		MONDAY	12		TUESDAY	13		WEDNESDAY	14		THURSDAY	15	FRIDAY
	Meat /	paghetti		Meat /	Fish Taco		Meat /			Meat /	Tomato Basil Pasta		
	Alt	Ground Beef		Alt	Pollock Fish Nuggets		Alt	ggie & Hummus Wraps		Alt	Plant Based Chicken Breast		
	Grain	WG Pasta		Grain	WG Tortilla		Grain	WG Tortilla Wrap		Grain	WG Pasta		
	Veg	Green Beans		Veg	Corn Salsa		Veg	Tossed Salad w/ Dressing		Veg	Cauliflower Medley		المستمام المستم
	Fruit	Fresh Fruit, Canteloupe		Fruit	Fresh Fruit, Watermelon		Fruit	Fresh Fruit, Oranges		Fruit	Fresh Fruit, Banana		<u> </u>
L/D	Milk	Whole milk (1 yr), 1% low-fat (2 yrs+)	L/D	Milk	Whole milk (1 yr), 1% low-fat (2 yrs+)	L/D	Milk	Whole milk (1 yr), 1% low-fat (2 yrs+)	L/D	Milk	Whole milk (1 yr), 1% low-fat (2 yrs+)	L/D	•
18		MONDAY	19		TUESDAY	20		WEDNESDAY	21		THURSDAY	22	FRIDAY
	Meat /	eef Meatball		Meat /	c & Cheese								
	Alt	Beef Meatballs		Alt	Dairy Free Cheddar								
	Grain	WG Dinner Roll		Grain	WG Pasta			STAFF IN-SERVICE			STAFF IN-SERVICE		STAFF IN-SERVICE
	Veg	Green Beans		Veg	Glazed Carrots			(PIC CLOSED)			(PIC CLOSED)		(PIC CLOSED)
	Fruit	Fresh Fruit, Canteloupe		Fruit	Fresh Fruit, Watermelon								
L/D	Milk	Whole milk (1 yr), 1% low-fat (2 yrs+)	L/D	Milk	Whole milk (1 yr), 1% low-fat (2 yrs+)								
25		MONDAY	26		TUESDAY	27		WEDNESDAY	28		THURSDAY	29	FRIDAY
	Meat /	paghetti		Meat /	Chicken Taco		Meat /			Meat /	ggie Casserole		
	Alt	Ground Beef		Alt	Plant Based Chicken		Alt	ggie & Hummus Wraps		Alt	t Based Chicken	L	
	Grain	WG Pasta		Grain	WG Tortilla		Grain	WG Tortilla Wrap	4	Grain	WG Pasta		
	Veg	Green Beans		Veg	Coleslaw		Veg	Tossed Salad w/ Dressing	-	Veg	Cauliflower Medley	<b>∤</b>	المستعرب المستعرب
	Fruit Milk	Fresh Fruit, Canteloupe		Fruit	Fresh Fruit, Watermelon	I / P	Fruit	Fresh Fruit, Oranges	١,,,	Fruit	Fresh Fruit, Banana	<b>∤</b>	
L/D	IVIIIK	Whole milk (1 yr), 1% low-fat (2 yrs+)	LID	Milk	Whole milk (1 yr), 1% low-fat (2 yrs+)	LID	IVIIIK	Whole milk (1 yr), 1% low-fat (2 yrs+)	L/D	Milk	Whole milk (1 yr), 1% low-fat (2 yrs+)	$\perp$	