VEGETARIAN MENU

4 - WEEK ROTATING MENU

MONTH:	JUNE
YEAR :	2025

CENTER: PARENT INFANT CENTER



ACAW

ACAW Enterprise Service & Manufacturing Childcare Food

MENU KEY:	
(D) = Dairy	
(B) = Beef	
(E) = Egg	
(C) = Citrus	
(W) = Wheat	

2		MONDAY	3		TUESDAY	4		WEDNESDAY	5		THURSDAY	6	FRIDAY
		ghetti		Meat /	Chicken Taco		Meat /			Meat /	Veggie Casserole		
	Meat / Alt	Plant Based Sausage		Alt	Plant Based Chicken		Alt	jie & Hummus Wraps		Alt	ant Based Chicken		
	Grain	WG Pasta		Grain	WG Tortilla		Grain	WG Tortilla Wrap		Grain	WG Pasta		
	Veg	Green Beans		Veg	Coleslaw	1	Veg	Tossed Salad w/ Dressing	1	Veg	Glazed Carrots		
	Fruit	Fresh Fruit, Canteloupe		Fruit	Fresh Fruit, Banana		Fruit	Fresh Fruit, Watermelon		Fruit	Fresh Fruit, Oranges		Sand and a second se
L/D	Milk	1% or Whole Milk	L/D	Milk	1% or Whole Milk	L/D	Milk	1% or Whole Milk	L/D	Milk	1% or Whole Milk		0

9		MONDAY	10		TUESDAY	11		WEDNESDAY	12		THURSDAY	13	FRIDAY
		py Joe Plant Based Sausage		Meat /	ef Taco		Meat /	oney Mustard Chick'n Wrap		Meat /	Chick'n & Gravy		
	Meat / Alt	Crumbles		Alt	Plant Based Sausage		Alt	Plant Based Chicken Nuggets		Alt	Plant Based Chicken		
	Grain	WG Dinner Roll		Grain	WG Tortilla Wrap		Grain	WG Tortilla Wrap		Grain	Brown Rice		
	Veg	Green Beans		Veg	Tomato Salsa / Lettuce		Veg	Tossed Salad w/ Dressing		Veg	Cauliflower Medley		Same a
	Fruit	Fresh Fruit, Canteloupe		Fruit	Fresh Fruit, Banana		Fruit	Fresh Fruit, Watermelon		Fruit	Fresh Fruit, Oranges		V
L/D	Milk	1% or Whole Milk	L/D	Milk	1% or Whole Milk	L/D	Milk	1% or Whole Milk	L/D	Milk	1% or Whole Milk		

16		MONDAY	17		TUESDAY	18		WEDNESDAY	19		THURSDAY	20	FRIDAY
		ghetti		Meat /			Meat /						
	Meat / Alt	Plant Based Sausage		Alt	Veggie Taco		Alt	gie & Hummus Wraps					
	Grain	WG Pasta		Grain	WG Tortilla Wrap		Grain	WG Tortilla Wrap			PIC		PIC
	Veg	Green Beans		Veg	Tomato Salsa / Lettuce		Veg	Tossed Salad w/ Dressing			CLOSED		CLOSED
	Fruit	Fresh Fruit, Canteloupe		Fruit	Fresh Fruit, Banana		Fruit	Fresh Fruit, Watermelon] [
L/D	Milk	1% or Whole Milk	L/D	Milk	1% or Whole Milk	L/D	Milk	1% or Whole Milk	L/D)			

23		MONDAY	24		TUESDAY	25		WEDNESDAY	26		THURSDAY	27	FRIDAY
		Meatball		Meat /	eef Taco		Meat /			Meat /	& Sour Chick'n		
	Meat / Alt	Veggie Meatballs		Alt	Plant Based Sausage		Alt	Veggie Burger		Alt	Veg Chick'n Breast		Mary .
	Grain	WG Pasta		Grain	WG Tortilla Wrap		Grain	WG Bread		Grain	Brown Rice		
	Veg	Green Beans		Veg	Tomato Salsa / Lettuce		Veg	Sweet Corn		Veg	Glazed Carrots] [
	Fruit	Fresh Fruit, Canteloupe		Fruit	Fresh Fruit, Banana		Fruit	Fresh Fruit, Watermelon		Fruit	Fresh Fruit, Oranges		
L/D	Milk	1% or Whole Milk	L/D	Milk	1% or Whole Milk	L/D	Milk	1% or Whole Milk	L/D	Milk	1% or Whole Milk	L/D	•

30		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY
		ghetti								
	Meat / Alt	Plant Based Sausage								
	Grain	WG Pasta								
	Veg	Green Beans	Γ							
	Fruit	Fresh Fruit, Canteloupe	Γ							
L/D	Milk	1% or Whole Milk							1	