

VEGETARIAN MENU

4 - WEEK ROTATING MENU

MONTH: MAY
YEAR: 2025
CENTER: PARENT INFANT CENTER



ACAW Enterprise
Childcare Food Service & Manufacturing

MENU KEY:

(D) = Dairy

(B) = Beef

(E) = Egg

(C) = Citrus

(W) = Wheat

28	MONDAY		29	TUESDAY		30	WEDNESDAY		1	THURSDAY		2	FRIDAY [1]	
L / D	Meat / Alt	BBQ Meatball Veggie Meatballs	L / D	Meat / Alt	Veggie Casserole Tofu, Protein	L / D	Meat / Alt	Veggie Burger	L / D	Meat / Alt	Sweet & Sour Chick'n Veg Chick'n Breast	L / D		
	Grain	WG Pasta		Grain	WG Pasta		Grain	WG Bread		Grain	Brown Rice			
	Veg	String Beans		Veg	Cauliflower Medley		Veg	Sweet Corn		Veg	Glazed Carrots			
	Fruit	Fresh Fruit, Cateloupe		Fruit	Fresh Fruit, Banana		Fruit	Fresh Fruit, Watermelon		Fruit	Fresh Fruit, Oranges			
	Milk	1% or Whole Milk		Milk	1% or Whole Milk		Milk	1% or Whole Milk		Milk	1% or Whole Milk			
5	MONDAY		6	TUESDAY		7	WEDNESDAY		8	THURSDAY		9	FRIDAY [2]	
L / D	Meat / Alt	Spaghetti Plant Based Sausage	L / D	Meat / Alt	Veggie Taco Veggie Sausage Crumbles	L / D	Meat / Alt	Veggie Hummus Wraps	L / D	Meat / Alt	Sloppy Joe Plant Based Sausage Crumbles	L / D		
	Grain	WG Pasta		Grain	WG Tortilla Wrap		Grain	WG Tortilla Wrap		Grain	WG Dinner Roll			
	Veg	String Beans		Veg	Lettuce / Tomato Salsa		Veg	Tossed Salad w/ Dressing		Veg	Glazed Carrots			
	Fruit	Fresh Fruit, Cateloupe		Fruit	Fresh Fruit, Banana		Fruit	Fresh Fruit, Watermelon		Fruit	Fresh Fruit, Oranges			
	Milk	1% or Whole Milk		Milk	1% or Whole Milk		Milk	1% or Whole Milk		Milk	1% or Whole Milk			
12	MONDAY		13	TUESDAY		14	WEDNESDAY		15	THURSDAY		16	FRIDAY [3]	
L / D	Meat / Alt	Veggie Helper Veggie Sausage	L / D	Meat / Alt	Plant Pased Chick'n & Gravy	L / D	Meat / Alt	Honey Mustard Chick'n Wrap	L / D	Meat / Alt	BBQ Chick'n Taco Chicken Breast	L / D		
	Grain	(W) WG Noodle		Grain	Brown Rice		Grain	WG Tortilla Wrap		Grain	WG Tortilla			
	Veg	String Beans		Veg	Green Beans		Veg	Tossed Salad w/ Dressing		Veg	Coleslaw			
	Fruit	Fresh Fruit, Cateloupe		Fruit	Fresh Fruit, Banana		Fruit	Fresh Fruit, Watermelon		Fruit	Fresh Fruit, Oranges			
	Milk	1% or Whole Milk		Milk	1% or Whole Milk		Milk	1% or Whole Milk		Milk	1% or Whole Milk			
19	MONDAY		20	TUESDAY		21	WEDNESDAY		22	THURSDAY		23	FRIDAY [4]	
L / D	Meat / Alt	Spaghetti Plant Based Sausage	L / D	Meat / Alt	Ricotta / Basil / Tomato Pasta	L / D	Meat / Alt	Veggie & Hummus Wraps	L / D	Meat / Alt	Veggie Chili	L / D		
	Grain	WG Pasta		Grain	WG Pasta		Grain	WG Tortilla Wrap		Grain	WG Bun			
	Veg	String Beans		Veg	Cauliflower Medley		Veg	Tossed Salad w/ Dressing		Veg	Glazed Carrots			
	Fruit	Fresh Fruit, Cateloupe		Fruit	Fresh Fruit, Banana		Fruit	Fresh Fruit, Watermelon		Fruit	Fresh Fruit, Oranges			
	Milk	1% or Whole Milk		Milk	1% or Whole Milk		Milk	1% or Whole Milk		Milk	1% or Whole Milk			
26	MONDAY		27	TUESDAY		28	WEDNESDAY		29	THURSDAY		30	FRIDAY [5]	
L / D	Meat / Alt	PIC CLOSED	L / D	Meat / Alt	Veggie Casserole Tofu, Protien	L / D	Meat / Alt	Veggie Burger	L / D	Meat / Alt	Sweet & Sour Chick'n Veg Chick'n Breast	L / D		
	Grain			WG Pasta	Grain		WG Bread	Grain		Brown Rice				
	Veg			Cauliflower Medley	Veg		Sweet Corn	Veg		Glazed Carrots				
	Fruit			Fresh Fruit, Banana	Fruit		Fresh Fruit, Watermelon	Fruit		Fresh Fruit, Oranges				
	Milk			1% or Whole Milk	Milk		1% or Whole Milk	Milk		1% or Whole Milk	Milk			1% or Whole Milk