

VEGETARIAN MENU

4 - WEEK ROTATING MENU

MONTH: APRIL
YEAR : 2025
CENTER: PARENT INFANT CENTER



ACAW Enterprise
Childcare Food Service & Manufacturing

MENU KEY:

(D) = Dairy

(B) = Beef

(E) = Egg

(C) = Citrus

(W) = Wheat

31	MONDAY	1	TUESDAY	2	WEDNESDAY	3	THURSDAY	4	FRIDAY [1]
	Meatball		eggie Casserole		Veggie Burger		& Sour Chick'n		
	Meat / Alt Veggie Meatballs		Meat / Alt Tofu, Protien		Meat / Alt Veggie Burger		Meat / Alt Veg Chick'n Breast		
	Grain WG Pasta		Grain WG Pasta		Grain WG Bread		Grain Brown Rice		
	Veg String Beans		Veg Cauliflower Medley		Veg Sweet Corn		Veg Glazed Carrots		
	Fruit Fresh Fruit, Cateloupe		Fruit Fresh Fruit, Apple Slices		Fruit Fresh Fruit, Kiwi		Fruit Fresh Fruit, Oranges		
L / D	Milk 1% or Whole Milk	L / D	Milk 1% or Whole Milk	L / D	Milk 1% or Whole Milk	L / D	Milk 1% or Whole Milk	L / D	
7	MONDAY	8	TUESDAY	9	WEDNESDAY	10	THURSDAY	11	FRIDAY [2]
	ghetti		ggie Taco		ggie Hummus Wraps		Sloppy Joe		
	Meat / Alt Plant Based Sausage		Meat / Alt Veggie Sausage Crumbles		Meat / Alt Veggie Hummus Wraps		Meat / Alt Plant Based Sausage Crumbles		
	Grain WG Pasta		Grain WG Tortilla Wrap		Grain WG Tortilla Wrap		Grain WG Dinner Roll		
	Veg String Beans		Veg Lettuce / Tomato Salsa		Veg Tossed Salad w/ Dressing		Veg Glazed Carrots		
	Fruit Fresh Fruit, Cateloupe		Fruit Fresh Fruit, Apple Slices		Fruit Fresh Fruit, Kiwi		Fruit Fresh Fruit, Oranges		
L / D	Milk 1% or Whole Milk	L / D	Milk 1% or Whole Milk	L / D	Milk 1% or Whole Milk	L / D	Milk 1% or Whole Milk	L / D	
14	MONDAY	15	TUESDAY	16	WEDNESDAY	17	THURSDAY	18	FRIDAY [3]
	Helper		Plant Pased Chick'n & Gravy		Honey Mustard Chick'n Wrap		Q Chick'n Taco		
	Meat / Alt Veggie Sausage		Meat / Alt Brown Rice		Meat / Alt Honey Mustard Chick'n Wrap		Meat / Alt Chicken Breast		
	Grain (W) WG Noodle		Grain Brown Rice		Grain WG Tortilla Wrap		Grain WG Tortilla		
	Veg String Beans		Veg Green Beans		Veg Tossed Salad w/ Dressing		Veg Coleslaw		
	Fruit Fresh Fruit, Cateloupe		Fruit Fresh Fruit, Apple Slices		Fruit Fresh Fruit, Kiwi		Fruit Fresh Fruit, Oranges		
L / D	Milk 1% or Whole Milk	L / D	Milk 1% or Whole Milk	L / D	Milk 1% or Whole Milk	L / D	Milk 1% or Whole Milk	L / D	
21	MONDAY	22	TUESDAY	23	WEDNESDAY	24	THURSDAY	25	FRIDAY [4]
	ghetti		Ricotta / Basil / Tomato Pasta		ggie & Hummus Wraps		Veggie Chili		
	Meat / Alt Plant Based Sausage		Meat / Alt WG Pasta		Meat / Alt Veggie & Hummus Wraps		Meat / Alt WG Bun		
	Grain WG Pasta		Grain WG Pasta		Grain WG Tortilla Wrap		Grain WG Bun		
	Veg String Beans		Veg Cauliflower Medley		Veg Tossed Salad w/ Dressing		Veg Glazed Carrots		
	Fruit Fresh Fruit, Cateloupe		Fruit Fresh Fruit, Apple Slices		Fruit Fresh Fruit, Kiwi		Fruit Fresh Fruit, Oranges		
L / D	Milk 1% or Whole Milk	L / D	Milk 1% or Whole Milk	L / D	Milk 1% or Whole Milk	L / D	Milk 1% or Whole Milk	L / D	PIC CLOSED
28	MONDAY	29	TUESDAY	30	WEDNESDAY				
	Meatball		eggie Casserole		Veggie Burger				
	Meat / Alt Veggie Meatballs		Meat / Alt Tofu, Protien		Meat / Alt Veggie Burger				
	Grain WG Pasta		Grain WG Pasta		Grain WG Bread				
	Veg String Beans		Veg Cauliflower Medley		Veg Sweet Corn				
	Fruit Fresh Fruit, Cateloupe		Fruit Fresh Fruit, Apple Slices		Fruit Fresh Fruit, Kiwi				
L / D	Milk 1% or Whole Milk	L / D	Milk 1% or Whole Milk	L / D	Milk 1% or Whole Milk				

[1] WEEK 2

[2] WEEK 3

[3] WEEK 4

[4] WEEK 1