DAIRY FREE MENU

4 - WEEK ROTATING MENU

MONTH: MARCH YEAR: 2025

CENTER: PARENT INFANT CENTER

Meat / D Meatball

Meat / nara Pasta

Meat / gie Helper

Meat / nara Pasta

Grain

Veg

Fruit

Alt

Grain

Veg

Fruit

Alt

Grain

Veg Fruit

Grain

Veg

Fruit

L/D Milk

24

L/D Milk

L/D Milk

MONDAY

Veggie Meatballs

WG Dinner Roll

String Beans

Pears

Dairy Free Milk

MONDAY

Veggie Sausage

WG Pasta

String Beans

Pears

Dairy Free Milk

MONDAY

Veggie Sausage

(W) WG Noodle

String Beans

Pears

Dairy Free Milk

MONDAY

Veggie Sausage

WG Pasta

String Beans

Pears



Meat /

Alt

Grain

Veg

Fruit

Meat /

Grain

Veg

Fruit

Meat /

Alt

Grain

Veg

Fruit

Meat /

Grain

Vea

Fruit

L/D Milk

L/D Milk

L/D Milk

TUESDAY

WG Pasta

Cauiliflower Medley

(C) Mandarin Oranges

Dairy Free Milk

TUESDAY

Ground Beef

WG Tortilla Wrap

Tomato Salsa / Lettuce

(C) Mandarin Oranges

Dairy Free Milk

TUESDAY

Turkey Burger

WG Hamburger Bun

Sweet Corn

(C) Mandarin Oranges

Dairy Free Milk

TUESDAY

Ricotta / Basil / Tomato

WG Pasta

Cauliflower Medlev

(C) Mandarin Oranges

Casserole

Meat /

Alt

Grain

Veg

Fruit

Alt

Grain

Veg

Fruit

Meat /

Alt

Grain

Veg

Fruit

Meat /

Alt

Grain

Vea

Fruit

Pasta

L/D Milk

25

L/D Milk

Meat / uesday

L/D Milk



Meat /

Alt

Grain

Veg

Fruit

Meat /

Alt

Grain

Veg

Fruit

Meat /

Alt

Grain

Veg

Fruit

Meat /

Alt

Grain

Vea

Fruit

Mixed Vegetable

(C) Pineapple

L/D Milk

27

L/D Milk

L/D Milk

ACAW Enterprise Childcare Food Service & Manufacturing

	MENU KEY:												
	(D) = Dairy												
	(B) = Beef												
	(E) = Egg (C) = Citrus												
	(W) = Wheat												
	Ì												
THURSDAY	7		FRIDAY [1]										
our Chicken		Meat	INDALLI										
Chicken Breast		/ Alt											
Brown Rice		Grai	Pizza Crust										
Glazed Carrots		Veg	Tomato Sauce [2]										
(C) Pineapple		Fruit	Applesauce										
Dairy Free Milk	L/D	Milk	Dairy Free Milk										
	14												
THURSDAY	14	Meat	FRIDAY [3]										
y Joe WG Dinner Roll		/ Alt											
TTO DITTION TO													
WG Dinner Roll		Grai	Pizza Crust										
		Grai Veg	Pizza Crust Tomato Sauce [4]										
WG Dinner Roll													
WG Dinner Roll Glazed Carrots	L/D	Veg Fruit	Tomato Sauce [4]										
WG Dinner Roll Glazed Carrots (C) Pineapple Dairy Free Milk		Veg Fruit	Tomato Sauce [4] Applesauce Dairy Free Milk										
WG Dinner Roll Glazed Carrots (C) Pineapple Dairy Free Milk THURSDAY	L/D	Veg Fruit Milk	Tomato Sauce [4] Applesauce										
WG Dinner Roll Glazed Carrots (C) Pineapple Dairy Free Milk		Veg Fruit	Tomato Sauce [4] Applesauce Dairy Free Milk										
WG Dinner Roll Glazed Carrots (C) Pineapple Dairy Free Milk THURSDAY Chicken Taco		Veg Fruit Milk Meat	Tomato Sauce [4] Applesauce Dairy Free Milk										
WG Dinner Roll Glazed Carrots (C) Pineapple Dairy Free Milk THURSDAY Chicken Taco Chicken Breast		Veg Fruit Milk Meat / Alt	Tomato Sauce [4] Applesauce Dairy Free Milk FRIDAY [5]										
WG Dinner Roll Glazed Carrots (C) Pineapple Dairy Free Milk THURSDAY Chicken Taco Chicken Breast WG Tortilla		Veg Fruit Milk Meat / Alt Grai	Tomato Sauce [4] Applesauce Dairy Free Milk FRIDAY [5] Pizza Crust										
WG Dinner Roll Glazed Carrots (C) Pineapple Dairy Free Milk THURSDAY Chicken Taco Chicken Breast WG Tortilla Coleslaw		Veg Fruit Milk Meat / Alt Grai Veg Fruit	Tomato Sauce [4] Applesauce Dairy Free Milk FRIDAY [5] Pizza Crust Tomato Sauce [6]										
WG Dinner Roll Glazed Carrots (C) Pineapple Dairy Free Milk THURSDAY Chicken Taco Chicken Breast WG Tortilla Coleslaw (C) Pineapple	21	Veg Fruit Milk Meat / Alt Grai Veg Fruit	Tomato Sauce [4] Applesauce Dairy Free Milk FRIDAY [5] Pizza Crust Tomato Sauce [6] Applesauce										
WG Dinner Roll Glazed Carrots (C) Pineapple Dairy Free Milk THURSDAY Chicken Taco Chicken Breast WG Tortilla Coleslaw (C) Pineapple Dairy Free Milk	21 L/D	Veg Fruit Milk Meat / Alt Grai Veg Fruit Milk Meat	Tomato Sauce [4] Applesauce Dairy Free Milk FRIDAY [5] Pizza Crust Tomato Sauce [6] Applesauce Dairy Free Milk										
WG Dinner Roll Glazed Carrots (C) Pineapple Dairy Free Milk THURSDAY Chicken Taco Chicken Breast WG Tortilla Coleslaw (C) Pineapple Dairy Free Milk THURSDAY	21 L/D	Veg Fruit Milk Meat / Alt Grai Veg Fruit Milk	Tomato Sauce [4] Applesauce Dairy Free Milk FRIDAY [5] Pizza Crust Tomato Sauce [6] Applesauce Dairy Free Milk										

Veg

Fruit

Tomato Sauce [8]

Applesauce

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L	/ D	Milk	Dairy Free Milk	L/D	Milk	Dairy Free Milk	L/D	Milk	D	airy Free Milk	L/D	Milk	Dairy Free Milk	L/D	Milk	Dairy Free Milk
;	1		MONDAY													
	ı	Meat / Alt	Q Meatball Veggie Meatballs													
		Grain	WG Dinner Roll													
		Veg	String Beans													
		Fruit	Pears													
L	/ D	Milk	Dairy Free Milk													

Alt ie Hummus Wraps

WEDNESDAY

Turkey Burger

WG Bun

Sweet Corn

(C) Fruit Cocktail

Dairy Free Milk

WEDNESDAY

WG Tortilla Wrap

Tossed Salad w/ Dressing

(C) Fruit Cocktail

Dairy Free Milk

WEDNESDAY Sunbutter / Jelly & Banana

WG Tortilla Wrap

Tossed Salad

(C) Fruit Cocktail

Dairy Free Milk

WEDNESDAY

WG Tortilla Wrap

Tossed Salad w/ Dressing

(C) Fruit Cocktail

Alt ie Hummus Wraps

Wrap

- [1] WEEK 4
- [2] WEEK 2
- [3] WEEK 1
- [4] WEEK 2
- [5] WEEK 2
- [6] WEEK 2
- [7] WEEK 3
- [8] WEEK 2