## **DAIRY FREE MENU**

4 - WEEK ROTATING MENU

MONTH: FEBRUARY
YEAR: 2025

CENTER: PARENT INFANT CENTER





ACAW Enterprise Childcare Food Service & Manufacturing

MENU KEY:
(D) = Dairy
(B) = Beef
(E) = Egg
(C) = Citrus
(W) = Wheat

3		MONDAY	4		TUESDAY	5		WEDNESDAY	6	THURS	DAY 7		FRIDAY [1]
	Meat / Alt	<b>Q Meatball</b> Veggie Meatballs		Meat / Alt	Casserole		Meat / Alt	Veggie Burger		Meat / Sour Chicken Alt Chicken I	Breast	Meat / Alt	
	Grain	WG Dinner Roll		Grain	WG Pasta		Grain	WG Bread		Grain Brown I	Rice	Grai	Pizza Crust
	Veg	String Beans		Veg	Cauiliflower Medley		Veg	Sweet Corn		Veg Glazed C	arrots	Veg	Tomato Sauce [2]
	Fruit	Pears		Fruit	(C) Mandarin Oranges		Fruit	( C) Fruit Cocktail		Fruit (C) Pines	apple	Fruit	Applesauce
L/D	Milk	1% or Whole Milk	L/D	Milk	1% or Whole Milk	L/D	Milk	1% or Whole Milk	L/D	Milk 1% or Who	ole Milk L/C	Milk	1% or Whole Milk

10		MONDAY	11		TUESDAY	12		WEDNESDAY	13		THURSDAY	14		FRIDAY [3]
		nara Pasta			uesday		Meat /			Meat /			Meat	
	Alt	Veggie Sausage		Alt	Ground Beef		Alt	ie Hummus Wraps		Alt	ıry Steak		/ Alt	
	Grain	WG Pasta		Grain	WG Tortilla Wrap		Grain	WG Tortilla Wrap		Grain	WG Dinner Roll		Grai	Pizza Crust
	Veg	String Beans		Veg	Tomato Salsa / Lettuce		Veg	Tossed Salad w/ Dressing		Veg	Mashed Potato		Veg	Tomato Sauce [4]
	Fruit	Pears		Fruit	(C) Mandarin Oranges		Fruit	( C) Fruit Cocktail		Fruit	(C) Pineapple		Fruit	Applesauce
L/D	Milk	1% or Whole Milk	L/D	Milk	1% or Whole Milk	L/D	Milk	1% or Whole Milk	L/D	Milk	1% or Whole Milk	L/D	Milk	1% or Whole Milk

17	MONDAY	18		TUESDAY	19		WEDNESDAY	20		THURSDAY	21	FRIDAY [5]
			Meat /			Meat /			Meat /		Meat	
	PIC CLOSED		Alt	Turkey Burger		Alt	Veggie Burger		Alt	Chicken Tenders	/ Alt	
			Grain	WG Hamburger Bun		Grain	WG Bread		Grain	WG Breading (Tenders)	Grai	Pizza Crust
			Veg	Sweet Corn		Veg	Sweet Corn	]	Veg	Glazed Carrots	Veg	Tomato Sauce [6]
			Fruit	(C) Mandarin Oranges		Fruit	( C) Fruit Cocktail	]	Fruit	(C) Pineapple	Fruit	Applesauce
		L/D	Milk	1% or Whole Milk	L/D	Milk	1% or Whole Milk	L/D	Milk	1% or Whole Milk	L/D Milk	1% or Whole Milk

24		MONDAY	25		TUESDAY	26		WEDNESDAY	27		THURSDAY	28		FRIDAY [7]
	Meat /	nara Pasta		Meat /	Ricotta / Basil / Tomato		Meat /			Meat /	eef / Veggie Chili		Meat	
	Alt	Veggie Sausage		Alt	Pasta		Alt	ie Hummus Wraps		Alt	Ground Beef		/ Alt	
	Grain	WG Pasta		Grain	WG Pasta		Grain	WG Tortilla Wrap		Grain	Brown Rice		Grai	Pizza Crust
	Veg	String Beans		Veg	Cauliflower Medley		Veg	Tossed Salad w/ Dressing		Veg	Mixed Vegetable		Veg	Tomato Sauce [8]
	Fruit	Pears		Fruit	(C) Mandarin Oranges		Fruit	( C) Fruit Cocktail		Fruit	( <b>C</b> ) Pineapple		Fruit	Applesauce
L/	Milk	1% or Whole Milk	L/D	Milk	1% or Whole Milk	L/D	Milk	1% or Whole Milk	L/D	Milk	1% or Whole Milk	L/D	Milk	1% or Whole Milk

- [1] WEEK 4
- [2] WEEK 2
- [3] WEEK 1
- [4] WEEK 2
- [5] WEEK 2
- [6] WEEK 2
- [7] WEEK 3
- [8] WEEK 2