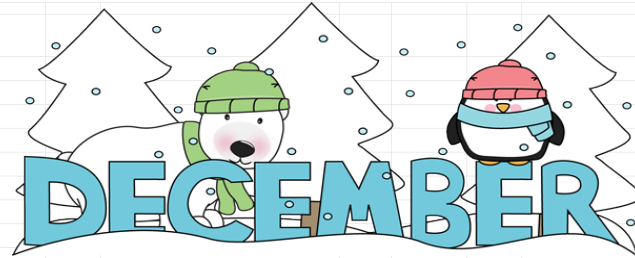


VEGETARIAN MENU
4 - WEEK ROTATING MENU

MONTH: DECEMBER
 YEAR : 2024
 CENTER: PARENT INFANT CENTER



ACAW Enterprise
 Childcare Food Service & Manufacturing

MENU KEY:	
(D)	= Dairy
(B)	= Beef
(E)	= Egg
(C)	= Citrus
(W)	= Wheat

2	MONDAY		3	TUESDAY		4	WEDNESDAY		5	THURSDAY		6	FRIDAY [1]	
	Meat / Alt	SUBSTITUTE: Veggie Hummus Wraps		Meat / Alt	Ricotta / Basil / Tomato Pasta		Meat / Alt	Hummus Wraps		Meat / Alt	Veggie Burger		Meat / Alt	Cheese
	Grain	WG Bread		Grain	WG Pasta		Grain	WG Tortilla Wrap		Grain	WG Bun		Grain	Pizza Crust
	Veg	Celery Sticks w/ Ranch		Veg	Cauliflower Medley		Veg	Tossed Salad w/ Dressing		Veg	Glazed Carrots		Veg	Tomato Sauce [2]
	Fruit	Fresh Fruit, Cateloupe		Fruit	Fresh Fruit, Apple Slices		Fruit	Fresh Fruit, Kiwi		Fruit	Fresh Fruit, Oranges		Fruit	Applesauce
L / D	Milk	1% or Whole Milk	L / D	Milk	1% or Whole Milk	L / D	Milk	1% or Whole Milk	L / D	Milk	1% or Whole Milk	L / D	Milk	1% or Whole Milk

9	MONDAY		10	TUESDAY		11	WEDNESDAY		12	THURSDAY		13	FRIDAY [3]	
	Meat / Alt	Meatball Veggie Meatballs		Meat / Alt	Veggie Casserole Tofu, Protien		Meat / Alt	Soybutter & Jelly Sandwich		Meat / Alt	Curry Chick'n Veg Chick'n Breast		Meat / Alt	Cheese
	Grain	WG Pasta		Grain	WG Pasta		Grain	WG Bread		Grain	Brown Rice		Grain	Pizza Crust
	Veg	String Beans		Veg	Cauliflower Medley		Veg	Celery Sticks w/ Ranch		Veg	Glazed Carrots		Veg	Tomato Sauce [4]
	Fruit	Fresh Fruit, Cateloupe		Fruit	Fresh Fruit, Apple Slices		Fruit	Fresh Fruit, Kiwi		Fruit	Fresh Fruit, Oranges		Fruit	Applesauce
L / D	Milk	1% or Whole Milk	L / D	Milk	1% or Whole Milk	L / D	Milk	1% or Whole Milk	L / D	Milk	1% or Whole Milk	L / D	Milk	1% or Whole Milk

16	MONDAY		17	TUESDAY		18	WEDNESDAY		19	THURSDAY		20	FRIDAY [5]	
	Meat / Alt	Vegetarian Pasta Veggie Sausage		Meat / Alt	Veggie Taco Veggie Sausage Crumbles		Meat / Alt	Hummus Wraps		Meat / Alt	Veggie Meatball		Meat / Alt	Cheese
	Grain	WG Pasta		Grain	WG Tortilla Wrap		Grain	WG Tortilla Wrap		Grain	WG Dinner Roll		Grain	Pizza Crust
	Veg	String Beans		Veg	Lettuce / Tomato Salsa		Veg	Tossed Salad w/ Dressing		Veg	Mashed Potato		Veg	Tomato Sauce [6]
	Fruit	Fresh Fruit, Cateloupe		Fruit	Fresh Fruit, Apple Slices		Fruit	Fresh Fruit, Kiwi		Fruit	Fresh Fruit, Oranges		Fruit	Applesauce
L / D	Milk	1% or Whole Milk	L / D	Milk	1% or Whole Milk	L / D	Milk	1% or Whole Milk	L / D	Milk	1% or Whole Milk	L / D	Milk	1% or Whole Milk

23	MONDAY		24	TUESDAY		25	WEDNESDAY		26	THURSDAY		27	FRIDAY [7]	
	Meat / Alt	Vegetarian Pasta Veggie Sausage		Meat / Alt	Veggie Casserole Tofu, Protien		PIC Closed for Winter Break			PIC Closed for Winter Break			PIC Closed for Winter Break	
	Grain	(W) WG Noodle		Grain	WG Pasta									
	Veg	String Beans		Veg	Cauliflower Medley									
	Fruit	Fresh Fruit, Cateloupe		Fruit	Fresh Fruit, Apple Slices									
L / D	Milk	1% or Whole Milk	L / D	Milk	1% or Whole Milk	L / D			L / D			L / D		

30	MONDAY		31	TUESDAY	
	PIC Closed for Winter Break			PIC Closed for Winter Break	

[1] WEEK 1

[2] WEEK 2

[3] WEEK 2

[4] WEEK 2

[5] WEEK 3

[6] WEEK 2

[7] WEEK 4