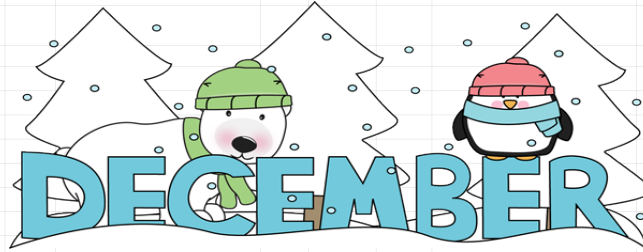


DAIRY FREE MENU
4 - WEEK ROTATING MENU

MONTH: DECEMBER
YEAR : 2024
CENTER: PARENT INFANT CENTER



ACAW Enterprise
Childcare Food Service & Manufacturing

MENU KEY:	
(D) = Dairy	
(B) = Beef	
(E) = Egg	
(C) = Citrus	
(W) = Wheat	

2	MONDAY		3	TUESDAY		4	WEDNESDAY		5	THURSDAY		6	FRIDAY [1]	
	Meat / Alt	SUBSTITUTE: Veggie Hummus Wraps		Meat / Alt	Ricotta / Basil / Tomato Pasta		Meat / Alt	Veggie Hummus Wraps		Meat / Alt	Beef / Veggie Chili		Meat / Alt	
	Grain	WG Tortilla Wrap		Grain	WG Pasta		Grain	WG Tortilla Wrap		Grain	Brown Rice		Grain	Pizza Crust
	Veg	Celery Sticks w/ Ranch		Veg	Cauliflower Medley		Veg	Tossed Salad w/ Dressing		Veg	Mixed Vegetable		Veg	Tomato Sauce [2]
	Fruit	Fresh Fruit, Cateloupe		Fruit	Fresh Fruit, Apple Slices		Fruit	Fresh Fruit, Kiwi		Fruit	Fresh Fruit, Oranges		Fruit	Applesauce
L / D	Milk	1% or Whole Milk	L / D	Milk	1% or Whole Milk	L / D	Milk	1% or Whole Milk	L / D	Milk	1% or Whole Milk	L / D	Milk	1% or Whole Milk

9	MONDAY		10	TUESDAY		11	WEDNESDAY		12	THURSDAY		13	FRIDAY [3]	
	Meat / Alt	Meatball Veggie Meatballs		Meat / Alt	Casserole		Meat / Alt	Turkey Burger		Meat / Alt	Sour Chicken Chicken Breast		Meat / Alt	
	Grain	WG Dinner Roll		Grain	WG Pasta		Grain	WG Hamburger Bun		Grain	Brown Rice		Grain	Pizza Crust
	Veg	String Beans		Veg	Cauliflower Medley		Veg	Sweet Corn		Veg	Glazed Carrots		Veg	Tomato Sauce [4]
	Fruit	Fresh Fruit, Cateloupe		Fruit	Fresh Fruit, Apple Slices		Fruit	Fresh Fruit, Kiwi		Fruit	Fresh Fruit, Oranges		Fruit	Applesauce
L / D	Milk	1% or Whole Milk	L / D	Milk	1% or Whole Milk	L / D	Milk	1% or Whole Milk	L / D	Milk	1% or Whole Milk	L / D	Milk	1% or Whole Milk

16	MONDAY		17	TUESDAY		18	WEDNESDAY		19	THURSDAY		20	FRIDAY [5]	
	Meat / Alt	Marra Pasta Veggie Sausage		Meat / Alt	Tuesday Ground Beef		Meat / Alt	Veggie Hummus Wraps		Meat / Alt	Beef Steak		Meat / Alt	
	Grain	WG Pasta		Grain	WG Tortilla Wrap		Grain	WG Tortilla Wrap		Grain	WG Dinner Roll		Grain	Pizza Crust
	Veg	String Beans		Veg	Tomato Salsa / Lettuce		Veg	Tossed Salad w/ Dressing		Veg	Mashed Potato		Veg	Tomato Sauce [6]
	Fruit	Fresh Fruit, Cateloupe		Fruit	Fresh Fruit, Apple Slices		Fruit	Fresh Fruit, Kiwi		Fruit	Fresh Fruit, Oranges		Fruit	Applesauce
L / D	Milk	1% or Whole Milk	L / D	Milk	1% or Whole Milk	L / D	Milk	1% or Whole Milk	L / D	Milk	1% or Whole Milk	L / D	Milk	1% or Whole Milk

23	MONDAY		24	TUESDAY		25	WEDNESDAY		26	THURSDAY		27	FRIDAY [7]	
	Meat / Alt	Marra Pasta Veggie Sausage		Meat / Alt	Tuesday Turkey Burger		PIC Closed for Winter Break			PIC Closed for Winter Break			PIC Closed for Winter Break	
	Grain	WG Pasta		Grain	WG Hamburger Bun									
	Veg	String Beans		Veg	Sweet Corn									
	Fruit	Fresh Fruit, Cateloupe		Fruit	Fresh Fruit, Apple Slices									
L / D	Milk	1% or Whole Milk	L / D	Milk	1% or Whole Milk	L / D			L / D			L / D		

30	MONDAY		31	TUESDAY	
	PIC Closed for Winter Break			PIC Closed for Winter Break	
L / D			L / D		

[1] WEEK 3

[2] WEEK 2

[3] WEEK 4

[4] WEEK 2

[5] WEEK 1

[6] WEEK 2

[7] WEEK 2