

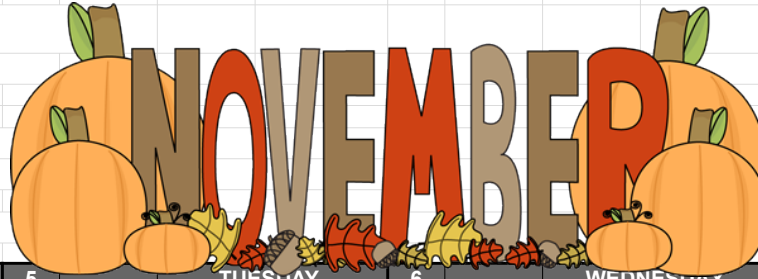
VEGETARIAN MENU

4 - WEEK ROTATING MENU

MONTH: NOVEMBER

YEAR : 2024

CENTER:



ACAW Enterprise
Childcare Food Service & Manufacturing

MENU KEY:	
(D)	= Dairy
(B)	= Beef
(E)	= Egg
(C)	= Citrus
(W)	= Wheat

4	MONDAY	5	TUESDAY	6	WEDNESDAY	7	THURSDAY	8	FRIDAY [1]
Meat / Alt	Marinara Pasta Veggie Sausage	Meat / Alt	Spaghetti Pasta	Meat / Alt	Spicy Joe Veggie Sausage	Meat / Alt	Veggie Burger		
Grain	WG Pasta	Grain	WG Pasta	Grain	WG Hamburger Bun	Grain	WG Bun		
Veg	String Beans	Veg	Cauliflower Medley	Veg	Glazed Carrots	Veg	Glazed Carrots		
Fruit	Fresh Fruit, Canteloupe	Fruit	Fresh Fruit, Apple Slices	Fruit	Fresh Fruit, Kiwi	Fruit	Fresh Fruit, Oranges		
L / D	Milk 1% or Whole Milk	L / D	Milk 1% or Whole Milk	L / D	Milk 1% or Whole Milk	L / D	Milk 1% or Whole Milk		
5	MONDAY	6	TUESDAY	7	WEDNESDAY	8	THURSDAY	9	FRIDAY [2]
Meat / Alt	BQ Meatball Veggie Meatballs	Meat / Alt	Casserole	Meat / Alt	Soybutter & Jelly Sandwich	Meat / Alt	Curry Chick'n Veg Chick'n Breast		
Grain	WG Pasta	Grain	WG Pasta	Grain	WG Bread	Grain	Brown Rice		
Veg	String Beans	Veg	Cauliflower Medley	Veg	Celery Sticks w/ Ranch	Veg	Broccoli		
Fruit	Fresh Fruit, Canteloupe	Fruit	Fresh Fruit, Apple Slices	Fruit	Fresh Fruit, Kiwi	Fruit	Fresh Fruit, Oranges		
L / D	Milk 1% or Whole Milk	L / D	Milk 1% or Whole Milk	L / D	Milk 1% or Whole Milk	L / D	Milk 1% or Whole Milk		
14	MONDAY	15	TUESDAY	16	WEDNESDAY	17	THURSDAY	18	FRIDAY [3]
Meat / Alt	Marinara Pasta Veggie Sausage	Meat / Alt	Spicy Taco Veggie Sausage Crumbles	Meat / Alt	Spicy Hummus Wraps	Meat / Alt	Veggie Meatball		
Grain	WG Pasta	Grain	WG Tortilla Wrap	Grain	WG Tortilla Wrap	Grain	WG Dinner Roll		
Veg	String Beans	Veg	Lettuce / Tomato Salsa	Veg	Tossed Salad w/ Dressing	Veg	Mashed Potato		
Fruit	Fresh Fruit, Canteloupe	Fruit	Fresh Fruit, Apple Slices	Fruit	Fresh Fruit, Kiwi	Fruit	Fresh Fruit, Oranges		
L / D	Milk 1% or Whole Milk	L / D	Milk 1% or Whole Milk	L / D	Milk 1% or Whole Milk	L / D	Milk 1% or Whole Milk		
21	MONDAY	22	TUESDAY	23	WEDNESDAY	24	THURSDAY	25	FRIDAY [4]
Meat / Alt	Marinara Pasta Veggie Sausage	Meat / Alt	Casserole	Meat / Alt	Spicy Filled Cheese Cheddar Cheese		PIC CLOSED		
Grain	(W) WG Noodle	Grain	WG Pasta	Grain	WG Bread		Thanksgiving Day		
Veg	String Beans	Veg	Cauliflower Medley	Veg	Tomato Basil Soup				
Fruit	Fresh Fruit, Canteloupe	Fruit	Fresh Fruit, Apple Slices	Fruit	Fresh Fruit, Kiwi				
L / D	Milk 1% or Whole Milk	L / D	Milk 1% or Whole Milk	L / D	Milk 1% or Whole Milk	L / D			

[1] WEEK 1

[2] WEEK 2

[3] WEEK 3

[4] WEEK 4