

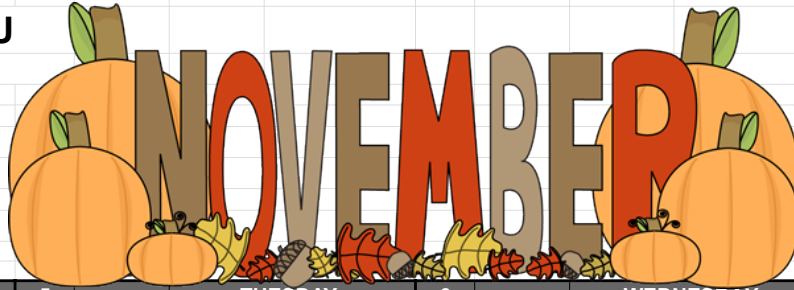
DAIRY FREE MENU

4 - WEEK ROTATING MENU

MONTH: NOVEMBER

YEAR : 2024

CENTER:



ACAW Enterprise
Childcare Food Service & Manufacturing

MENU KEY:	
(D)	= Dairy
(B)	= Beef
(E)	= Egg
(C)	= Citrus
(W)	= Wheat

4	MONDAY		5	TUESDAY		6	WEDNESDAY		7	THURSDAY		8	FRIDAY [1]	
L / D	Meat / Alt	<i>Marra Pasta</i> Veggie Sausage	L / D	Meat / Alt	<i>Chicken / Basil / Tomato Pasta</i> Chicken Breast	L / D	Meat / Alt	<i>Hummus Wraps</i> WG Tortilla Wrap	L / D	Meat / Alt	<i>Beef / Veggie Chili</i> Ground Beef	L / D		
	Grain	WG Pasta		Grain	WG Pasta		Grain	Tossed Salad w/ Dressing		Grain	Brown Rice			
	Veg	String Beans		Veg	Cauliflower Medley		Veg	Fresh Fruit, Kiwi		Veg	Mixed Vegetable			
	Fruit	Fresh Fruit, Canteloupe		Fruit	Fresh Fruit, Apple Slices		Fruit	1% or Whole Milk		Fruit	Fresh Fruit, Oranges			
	Milk	1% or Whole Milk		Milk	1% or Whole Milk		Milk	1% or Whole Milk		Milk	1% or Whole Milk			
11	MONDAY		12	TUESDAY		13	WEDNESDAY		14	THURSDAY		15	FRIDAY [2]	
L / D	Meat / Alt	<i>BBQ Beef Meatballs</i>	L / D	Meat / Alt	<i>Hummus Casserole</i>	L / D	Meat / Alt	<i>Soybutter & Jelly Sandwich</i>	L / D	Meat / Alt	<i>Sour Chicken</i> Chicken Breast	L / D		
	Grain	WG Dinner Roll		Grain	WG Pasta		Grain	WG Bread		Grain	Brown Rice			
	Veg	String Beans		Veg	Cauliflower Medley		Veg	Celery Sticks w/ Ranch		Veg	Broccoli			
	Fruit	Fresh Fruit, Canteloupe		Fruit	Fresh Fruit, Apple Slices		Fruit	Fresh Fruit, Kiwi		Fruit	Fresh Fruit, Oranges			
	Milk	1% or Whole Milk		Milk	1% or Whole Milk		Milk	1% or Whole Milk		Milk	1% or Whole Milk			
18	MONDAY		19	TUESDAY		20	WEDNESDAY		21	THURSDAY		22	FRIDAY [3]	
L / D	Meat / Alt	<i>Marra Pasta</i> Veggie Sausage	L / D	Meat / Alt	<i>Tuesday</i> Ground Beef	L / D	Meat / Alt	<i>Hummus Wraps</i> WG Tortilla Wrap	L / D	Meat / Alt	<i>Beef / Veggie Chili</i> Ground Beef	L / D		
	Grain	WG Pasta		Grain	WG Tortilla Wrap		Grain	Tossed Salad w/ Dressing		Grain	WG Dinner Roll			
	Veg	String Beans		Veg	Tomato Salsa / Lettuce		Veg	Fresh Fruit, Kiwi		Veg	Mashed Potato			
	Fruit	Fresh Fruit, Canteloupe		Fruit	Fresh Fruit, Apple Slices		Fruit	1% or Whole Milk		Fruit	Fresh Fruit, Oranges			
	Milk	1% or Whole Milk		Milk	1% or Whole Milk		Milk	1% or Whole Milk		Milk	1% or Whole Milk			
25	MONDAY		26	TUESDAY		27	WEDNESDAY		28	THURSDAY		29	FRIDAY [4]	
L / D	Meat / Alt	<i>Marra Pasta</i> Veggie Sausage	L / D	Meat / Alt	<i>Hummus Casserole</i>	L / D	Meat / Alt	<i>Turkey Burger</i>	L / D	Meat / Alt	<i>Chicken Tenders</i>	L / D		
	Grain	WG Pasta		Grain	WG Pasta		Grain	WG Bun		Grain	WG Breading (Tenders)			
	Veg	String Beans		Veg	Cauliflower Medley		Veg	Sweet Corn		Veg	Glazed Carrots			
	Fruit	Fresh Fruit, Canteloupe		Fruit	Fresh Fruit, Apple Slices		Fruit	Fresh Fruit, Kiwi		Fruit	Fresh Fruit, Oranges			
	Milk	1% or Whole Milk		Milk	1% or Whole Milk		Milk	1% or Whole Milk		Milk	1% or Whole Milk			

[1] WEEK 3

[2] WEEK 4

[3] WEEK 1

[4] WEEK 2