STANDARD MENU

4 - WEEK ROTATING MENU

MONTH: OCTOBER
YEAR : 2024

CENTER:

ACAW Enterprise
Childcare Food Service & Manufacturing

MENU KEY:
(D) = Dairy
(B) = Beef
(E) = Egg
(C) = Citrus
(W) = Wheat

		MONDAY	1		TUESDAY	2		WEDNESDAY	3		THURSDAY	4		FRIDAY [1]
					ken Casserole			***ara Meatball Sub***						
				Meat / Alt	Chicken Breast		Meat / Alt	Beef Meatball / Mozzarella		Meat / Alt	***Chicken Tenders***			
				Grain	WG Pasta		Grain	WG Dinner Roll		Grain	WG Dinner Roll			
				Veg	Cauiliflower Medley		Veg	Sweet Corn		Veg	Glazed Carrots			
				Fruit	Fresh Fruit, Apple Slices		Fruit	Fresh Fruit, Watermelon		Fruit	Fresh Fruit, Oranges			
			L / D	Milk	1% or Whole Milk	L / D	Milk	1% or Whole Milk	L / D	Milk	1% or Whole Milk	L / D		

7		MONDAY	8		TUESDAY	9		WEDNESDAY	10		THURSDAY	11		FRIDAY [2]
	Meat / Alt	***arinara Pasta*** Ground Beef		Meat / Alt	***ch & Chicken Pasta*** Chicken Breast		Meat / Alt	***loppy Joe*** Ground Beef		Meat / Alt	***Turkey Burger***			
	Grain	WG Pasta		Grain	WG Pasta		Grain	WG Hamburger Bun		Grain	WG Bun			
	Veg	String Beans		Veg	Cauliflower Medley		Veg	Sweet Corn		Veg	Glazed Carrots			
	Fruit	Fresh Fruit, Canteloupe		Fruit	Fresh Fruit, Apple Slices		Fruit	Fresh Fruit, Watermelon		Fruit	Fresh Fruit, Oranges			
L / D	Milk	1% or Whole Milk	L / D	Milk	1% or Whole Milk	L / D	Milk	1% or Whole Milk	L / D	Milk	1% or Whole Milk	L / D		

14		MONDAY	15		TUESDAY	16		WEDNESDAY	17		THURSDAY	18		FRIDAY [3]
	Meat / Alt	***amburger Helper*** Ground Beef / Cheddar Cheese		Meat / Alt	***ken Casserole*** Chicken Breast		Meat / Alt	***am & Cheese Wrap*** Turkey Ham / Cheese		Meat / Alt	***our Chicken*** Chicken Breast			
	Grain	WG Pasta		Grain	WG Pasta		Grain	WG Tortilla Wrap		Grain	Brown Rice			
	Veg	String Beans		Veg	Cauiliflower Medley		Veg	Tossed Salad w/ Dressing		Veg	Brocolli			
	Fruit	Fresh Fruit, Canteloupe		Fruit	Fresh Fruit, Apple Slices		Fruit	(**C**) Fruit Cocktail		Fruit	Fresh Fruit, Oranges			
L / D	Milk	1% or Whole Milk	L / D	Milk	1% or Whole Milk	L / D	Milk	1% or Whole Milk	L / D	Milk	1% or Whole Milk	L / D		

21		MONDAY	22		TUESDAY	23		WEDNESDAY	24		THURSDAY	25		FRIDAY [4]
	Meat / Alt	***arinara Pasta*** Ground Beef		Meat / Alt	***ch & Chicken Pasta*** Chicken Breast		Meat / Alt	***am & Cheese Wrap*** Turkey Ham / Cheese		Meat / Alt	***y Steak***			
	Grain	WG Pasta		Grain	WG Pasta		Grain	WG Tortilla Wrap		Grain	WG Dinner Roll			
	Veg	String Beans		Veg	Cauiliflower Medley		Veg	Tossed Salad w/ Dressing		Veg	Mashed Potato			
	Fruit	Fresh Fruit, Canteloupe		Fruit	Fresh Fruit, Apple Slices		Fruit	Fresh Fruit, Watermelon		Fruit	Fresh Fruit, Oranges			
L / D	Milk	1% or Whole Milk	L / D	Milk	1% or Whole Milk	L / D	Milk	1% or Whole Milk	L / D	Milk	1% or Whole Milk	L / D		

28		MONDAY	29		TUESDAY	30		WEDNESDAY	31		THURSDAY			FRIDAY [5]
	Meat / Alt	***amburger Helper*** Ground Beef / Cheddar Cheese		Meat / Alt	***ken Casserole*** Chicken Breast		Meat / Alt	***Chicken Breast***		Meat / Alt	***Sandwich*** Beef Meatball			
	Grain	WG Pasta		Grain	WG Pasta		Grain	WG Dinner Roll		Grain	WG Dinner Roll			
	Veg	String Beans		Veg	Cauiliflower Medley		Veg	Sweet Potatoes		Veg	Glazed Carrots			
	Fruit	Fresh Fruit, Canteloupe		Fruit	Fresh Fruit, Apple Slices		Fruit	Fresh Fruit, Watermelon		Fruit	Fresh Fruit, Oranges			
L / D	Milk	1% or Whole Milk	L / D	Milk	1% or Whole Milk	L / D	Milk	1% or Whole Milk	L / D	Milk	1% or Whole Milk	L / D		

[1] WEEK 3

[2] WEEK 4

[3] WEEK 1

[4] WEEK 2

[5] WEEK 3