

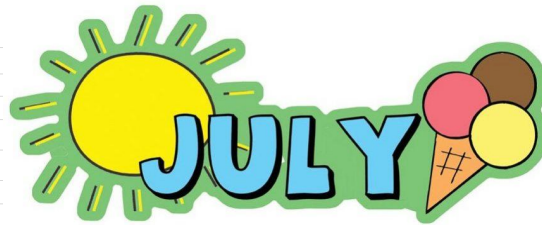
VEGETARIAN MENU

2 - WEEK ROTATING MENU

MONTH: JULY

YEAR : 2024

CENTER: Parent Infant Center



ACAW Enterprise
Childcare Food Service & Manufacturing

MENU KEY:	
(D)	= Dairy
(B)	= Beef
(E)	= Egg
(C)	= Citrus
(W)	= Wheat

1	MONDAY	2	TUESDAY	3	WEDNESDAY	4	THURSDAY	5	FRIDAY [1]
L / D	Meat / Alt (W) Veggie Baked Ziti Mozz. Cheese / Veggie Crumbles	L / D	Meat / Alt (W) Veggie Casserole Plant Based Chicken	L / D	Meat / Alt Veggie Sloppy Joe	L / D	PIC CLOSED for Independence Day	L / D	PIC CLOSED for Independence Day
	Grain (W) WG Noodle		Grain (W) WG Noodle		Grain (W) WG Dinner Roll				
	Veg String Beans		Veg Cauliflower Medley		Veg Broccoli				
	Fruit Fresh Fruit, Canteloupe		Fruit Fresh Fruit, Apple Slices		Fruit Fresh Fruit, Watermelon				
	Milk 1% or Whole Milk		Milk 1% or Whole Milk		Milk 1% or Whole Milk				
8	MONDAY	9	TUESDAY	10	WEDNESDAY	11	THURSDAY	12	FRIDAY [2]
L / D	Meat / Alt (W) Veggie Beef Stroganoff Veggie Crumbles	L / D	Meat / Alt (W) Pulled BBQ Chick'n Plant Pased Chicken	L / D	Meat / Alt Veggie Chicken & Broccoli	L / D	Meat / Alt Macaroni & Cheese	L / D	Meat / Alt Cheese
	Grain (W) WG Egg Noodle		Grain WG Dinner Roll		Grain (W) WG Dinner Roll		Grain (W) WG Rotini Noodles		Grain Pizza Crust
	Veg String Beans		Veg Cauliflower Medley		Veg Broccoli		Veg Sliced Carrots		Veg Toamato Sauce
	Fruit Fresh Fruit, Canteloupe		Fruit Fresh Fruit, Apple Slices		Fruit Fresh Fruit, Watermelon		Fruit Fresh Fruit, Orange Wedges		Fruit Applesauce
	Milk 1% or Whole Milk		Milk 1% or Whole Milk		Milk 1% or Whole Milk		Milk 1% or Whole Milk		Milk 1% or Whole Milk
15	MONDAY	16	TUESDAY	17	WEDNESDAY	18	THURSDAY	19	FRIDAY [3]
L / D	Meat / Alt (W) Veggie Baked Ziti Mozzarella Cheese / Veggie Crumbles	L / D	Meat / Alt (W) Tuesday Veggie Crumbles	L / D	Meat / Alt Veggie Soup	L / D	Meat / Alt Veggie Chili	L / D	Meat / Alt Cheese
	Grain (W) WG Noodle		Grain (W) WG Tortilla Wrap		Grain WG Brown Rice		Grain Pizza Crust		
	Veg String Beans		Veg Tomato Salsa / Lettuce		Veg Mixed Veggies		Veg Carrots / Corn		Veg Toamato Sauce
	Fruit Fresh Fruit, Canteloupe		Fruit Fresh Fruit, Apple Slices		Fruit Fresh Fruit, Watermelon		Fruit Fresh Fruit, Orange Wedges		Fruit Applesauce
	Milk 1% or Whole Milk		Milk 1% or Whole Milk		Milk 1% or Whole Milk		Milk 1% or Whole Milk		Milk 1% or Whole Milk
22	MONDAY	23	TUESDAY	24	WEDNESDAY	25	THURSDAY	26	[4]
L / D	Meat / Alt Veggie Chick'n Nuggets	L / D	Meat / Alt (W) Sweet & Sour Chick'n	L / D	Meat / Alt Veggie Burger	L / D	Meat / Alt (D) (W) Macaroni & Cheese	L / D	Meat / Alt Cheese
	Grain (W) WG Dinner Roll		Grain WG Brown Rice		Grain (W) WG Hamburger Bun		Grain (W) WG Rotini Noodles		Grain Pizza Crust
	Veg String Beans		Veg Cauliflower Medley		Veg Lettuce / Tomato		Veg Sliced Carrots		Veg Toamato Sauce
	Fruit Fresh Fruit, Canteloupe		Fruit Fresh Fruit, Apple Slices		Fruit Fresh Fruit, Watermelon		Fruit Fresh Fruit, Orange Wedges		Fruit Applesauce
	Milk 1% or Whole Milk		Milk 1% or Whole Milk		Milk 1% or Whole Milk		Milk 1% or Whole Milk		Milk 1% or Whole Milk
29	MONDAY	30	TUESDAY	31	WEDNESDAY				
L / D	Meat / Alt (W) Veggie Baked Ziti Mozz. Cheese / Veggie Crumbles	L / D	Meat / Alt (W) Veggie Casserole Plant Based Chicken	L / D	Meat / Alt Veggie Sloppy Joe				
	Grain (W) WG Noodle		Grain (W) WG Noodle		Grain (W) WG Dinner Roll				
	Veg String Beans		Veg Cauliflower Medley		Veg Broccoli				
	Fruit Fresh Fruit, Canteloupe		Fruit Fresh Fruit, Apple Slices		Fruit Fresh Fruit, Watermelon				
	Milk 1% or Whole Milk		Milk 1% or Whole Milk		Milk 1% or Whole Milk				

[1] WEEK 3

[2] WEEK 4

[3] WEEK 1

[4] WEEK 2