

# DAIRY FREE

## 2 - WEEK ROTATING MENU

MONTH: JULY

YEAR : 2024

CENTER: Parent Infant Center



ACAW Enterprise  
Childcare Food Service & Manufacturing

MENU KEY:	
(D) = Dairy	
(B) = Beef	
(E) = Egg	
(C) = Citrus	
(W) = Wheat	

1	MONDAY	2	TUESDAY	3	WEDNESDAY	4	THURSDAY	7	FRIDAY [1]	
L / D	Meat / Alt kedi Ziti w/ No Chhese Ground Beef	L / D	Meat / Alt (W) Veggie Casserole Plant Based Chicken NO Cheese	L / D	Meat / Alt Turkey Pepperoni Flatbread Turkeyroni / DF Mozzarella Cheese	L / D	PIC CLOSED for Independence Day	L / D	PIC CLOSED for Independence Day	
	Grain (W) WG Noodle		Grain (W) WG Noodle		Grain (W) WG Flatbread					
	Veg String Beans		Veg Cauliflower Medley		Veg Broccoli					
	Fruit Fresh Fruit, Canteloupe		Fruit Fresh Fruit, Apple Slices		Fruit Fresh Fruit, Watermelon					
	Milk Milk Alternative		Milk Milk Alternative		Milk Milk Alternative					
8	MONDAY	9	TUESDAY	10	WEDNESDAY	11	THURSDAY	12	FRIDAY [2]	
L / D	Meat / Alt (W) Beef Stroganoff Ground Beef	L / D	Meat / Alt (W) Pulled BBQ Chicken Chicken Breast	L / D	Meat / Alt Fish Sandwich Pollock Fish Filet	L / D	Meat / Alt Grilled Chicken Breast	L / D	Meat / Alt Pizza Crust	
	Grain (W) WG Noodle		Grain WG Dinner Roll		Grain (W) WG Flatbread					Grain WG Dinner Roll
	Veg String Beans		Veg Cauliflower Medley		Veg Broccoli					Veg Sweet Potatoes
	Fruit Fresh Fruit, Canteloupe		Fruit Fresh Fruit, Apple Slices		Fruit Fresh Fruit, Watermelon					Fruit Fresh Fruit, Orange Wedges
	Milk Milk Alternative		Milk Milk Alternative		Milk Milk Alternative					Milk Milk Alternative
15	MONDAY	16	TUESDAY	17	WEDNESDAY	18	THURSDAY	19	FRIDAY [3]	
L / D	Meat / Alt (W) Baked Ziti Ground Beef	L / D	Meat / Alt Taco Tuesday Seasoned Ground Beef	L / D	Meat / Alt Chicken Noodle Soup Chicken Breast	L / D	Meat / Alt 3 Bean Chili Ground Beef / Beans	L / D	Meat / Alt Pizza Crust	
	Grain (W) WG Noodle		Grain (W) WG Tortilla Wrap		Grain (W) WG Roll					Grain WG Brown Rice
	Veg String Beans		Veg Tomato Salsa / Lettuce		Veg Cauliflower Medley					Veg Carrots / Corn
	Fruit Fresh Fruit, Canteloupe		Fruit Fresh Fruit, Apple Slices		Fruit Fresh Fruit, Watermelon					Fruit Fresh Fruit, Orange Wedges
	Milk Milk Alternative		Milk Milk Alternative		Milk Milk Alternative					Milk Milk Alternative
22	MONDAY	23	TUESDAY	24	WEDNESDAY	25	THURSDAY	26	[4]	
L / D	Meat / Alt Chicken Tenders	L / D	Meat / Alt (W) Sweet & Sour Chicken Chicken Breast	L / D	Meat / Alt Turkey Wraps Turkey Breast	L / D	Meat / Alt Grilled Chicken Breast	L / D	Meat / Alt Pizza Crust	
	Grain (W) WG Dinner Roll		Grain WG Brown Rice		Grain WG Tortilla Wrap					Grain WG Dinner Roll
	Veg String Beans		Veg Cauliflower Medley		Veg Lettuce					Veg Sweet Potatoes
	Fruit Fresh Fruit, Canteloupe		Fruit Fresh Fruit, Apple Slices		Fruit Fresh Fruit, Watermelon					Fruit Fresh Fruit, Orange Wedges
	Milk Milk Alternative		Milk Milk Alternative		Milk Milk Alternative					Milk Milk Alternative
29	MONDAY	30	TUESDAY	31	WEDNESDAY					
L / D	Meat / Alt kedi Ziti w/ No Chhese Ground Beef	L / D	Meat / Alt (W) Veggie Casserole Plant Based Chicken NO Cheese	L / D	Meat / Alt Turkey Pepperoni Flatbread Turkeyroni / DF Mozzarella Cheese					
	Grain (W) WG Noodle		Grain (W) WG Noodle		Grain (W) WG Flatbread					
	Veg String Beans		Veg Cauliflower Medley		Veg Broccoli					
	Fruit Fresh Fruit, Canteloupe		Fruit Fresh Fruit, Apple Slices		Fruit Fresh Fruit, Watermelon					
	Milk Milk Alternative		Milk Milk Alternative		Milk Milk Alternative					

[1] WEEK 3

[2] WEEK 4

[3] WEEK 1

[4] WEEK 2