

VEGETARIAN MENU

2 - WEEK ROTATING MENU

MONTH: MAY

YEAR : 2024

CENTER: Parent Infant Center



ACAW Enterprise
Childcare Food Service & Manufacturing

MENU KEY:

(D) = Dairy

(B) = Beef

(E) = Egg

(C) = Citrus

(W) = Wheat

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY [1]	
					Cheese Flatbread		(D) (W)		
				Meat / Alt	Mozzarella Cheese		Macaroni & Cheese	Meat / Alt	Cheese
				Grain	(W) WG Flatbread		(W) WG Rotini Noodles	Grain	Pizza Crust
				Veg	Broccoli		Sliced Carrots	Veg	Toamato Sauce
				Fruit	Fresh Fruit, Kiwi		Fresh Fruit, Oranges	Fruit	Applesauce
L / D				Milk	1% or Whole Milk	L / D	Milk	Milk	1% or Whole Milk
MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY [2]	
	(W) Veggie Baked Ziti		(W) Veggie Casserole		Cheese Flatbread		Sloppy Joe		
	Mozzarella Cheese / Veggie Crumbles		Plant Based Chicken		Mozzarella Cheese		Veggie Crumbles		Cheese
	(W) WG Noodle		(W) WG Noodle		(W) WG Flatbread		(W) WG Egg Noodle		Pizza Crust
	String Beans		Cauliflower Medley		Broccoli		String Beans		Toamato Sauce
	Fresh Fruit, Canteloupe Melon		Fresh Fruit, Apple Slices		Fresh Fruit, Kiwi		Fresh Fruit, Oranges		Applesauce
L / D	Milk	L / D	Milk	L / D	Milk	L / D	Milk	L / D	Milk
	1% or Whole Milk		1% or Whole Milk		1% or Whole Milk		1% or Whole Milk		1% or Whole Milk
MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY [3]	
	(W) Veggie Beef Stroganoff		(W) Pulled BBQ Chicken		Cheese Flatbread		(D) (W)		
	Veggie Crumbles		Plant Pased Chicken		Mozzarella Cheese		Macaroni & Cheese		Cheese
	(W) WG Egg Noodle		WG Dinner Roll		(W) WG Flatbread		(W) WG Rotini Noodles		Pizza Crust
	String Beans		Cauliflower Medley		Broccoli		Sliced Carrots		Toamato Sauce
	Fresh Fruit, Canteloupe Melon		Fresh Fruit, Apple Slices		Fresh Fruit, Kiwi		Fresh Fruit, Oranges		Applesauce
L / D	Milk	L / D	Milk	L / D	Milk	L / D	Milk	L / D	Milk
	1% or Whole Milk		1% or Whole Milk		1% or Whole Milk		1% or Whole Milk		1% or Whole Milk
MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY [4]	
	(W) Veggie Baked Ziti		veggie Tuesday		Cheese Flatbread		Veggie Chili		
	Mozzarella Cheese / Veggie Crumbles		Veggie Crumbles		Mozzarella Cheese		Beans		Cheese
	(W) WG Noodle		(W) WG Tortilla Wrap		(W) WG Roll		WG Brown Rice		Pizza Crust
	String Beans		Tomato Salsa / Lettuce		Cauliflower Medley		Carrots / Corn		Toamato Sauce
	Fresh Fruit, Canteloupe Melon		Fresh Fruit, Apple Slices		Fresh Fruit, Kiwi		Fresh Fruit, Oranges		Applesauce
L / D	Milk	L / D	Milk	L / D	Milk	L / D	Milk	L / D	Milk
	1% or Whole Milk		1% or Whole Milk		1% or Whole Milk		1% or Whole Milk		1% or Whole Milk
MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY [5]	
			(W) Plant Based Sweet & Sour Chicken		Cheese Flatbread		(D) (W)		
			WG Brown Rice		Mozzarella Cheese		Macaroni & Cheese		Cheese
			Cauliflower Medley		(W) WG Flatbread		(W) WG Rotini Noodles		Pizza Crust
			Fresh Fruit, Apple Slices		Broccoli		Sliced Carrots		Toamato Sauce
			Fresh Fruit, Apple Slices		Fresh Fruit, Kiwi		Fresh Fruit, Oranges		Applesauce
L / D		L / D	Milk	L / D	Milk	L / D	Milk	L / D	Milk
			1% or Whole Milk		1% or Whole Milk		1% or Whole Milk		1% or Whole Milk

[1] WEEK 2

[2] WEEK 3

[3] WEEK 4

[4] WEEK 1

[5] WEEK 2