

# DAIRY FREE

2 - WEEK ROTATING MENU

MONTH: MAY

YEAR: 2024

CENTER: Parent Infant Center



ACAW Enterprise  
Childcare Food Service & Manufacturing

MENU KEY:	
(D)	= Dairy
(B)	= Beef
(E)	= Egg
(C)	= Citrus
(W)	= Wheat

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY [1]		
					<i>Cheese Flatbread</i>					
					DF Mozzarella Cheese		Meat / Alt	Grilled Chicken Breast	Meat / Alt	Cheese
					(W) WG Flatbread		Grain	WG Dinner Roll	Grain	Pizza Crust
					Broccoli		Veg	Sweet Potatoes	Veg	Toamato Sauce
					(C) Fruit Cocktail		Fruit	(C) Pineapple	Fruit	Applesauce
					1% or Whole Milk		Milk	1% or Whole Milk	Milk	1% or Whole Milk
L / D		L / D		L / D		L / D		L / D		L / D
MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY [2]		
	<i>W Baked Ziti</i>		<i>Chicken Noodle Soup</i>		<i>Turkey Pepperoni Flatbread</i>					
	Ground Beef		Chicken Breast		Turkeyoni / DF Mozzarella Cheese		Meat / Alt	Salsbury Steak / Beef	Meat / Alt	Cheese
	(W) WG Noodle		(W) WG Noodle		(W) WG Flatbread		Grain	WG Dinner Roll	Grain	Pizza Crust
	String Beans		Cauliflower Medley		Broccoli		Veg	Mashed Poatato	Veg	Toamato Sauce
	Pears		(C) Mandarin Oranges		(C) Fruit Cocktail		Fruit	(C) Pineapple	Fruit	Applesauce
	1% or Whole Milk		1% or Whole Milk		1% or Whole Milk		Milk	1% or Whole Milk	Milk	1% or Whole Milk
L / D		L / D		L / D		L / D		L / D		L / D
MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY [3]		
	<i>Beef Stroganoff</i>		<i>W Pulled BBQ Chicken</i>		<i>BBQ Sausage Flatbread</i>					
	Ground Beef		Chicken Breast		Ground Beef / DF Mozzarella Cheese		Meat / Alt	Grilled Chicken Breast	Meat / Alt	Cheese
	(W) WG Noodle		WG Dinner Roll		(W) WG Flatbread		Grain	WG Dinner Roll	Grain	Pizza Crust
	String Beans		Cauliflower Medley		Broccoli		Veg	Sweet Potatoes	Veg	Toamato Sauce
	Pears		(C) Mandarin Oranges		(C) Fruit Cocktail		Fruit	(C) Pineapple	Fruit	Applesauce
	1% or Whole Milk		1% or Whole Milk		1% or Whole Milk		Milk	1% or Whole Milk	Milk	1% or Whole Milk
L / D		L / D		L / D		L / D		L / D		L / D
MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY [4]		
	<i>W Baked Ziti</i>		<i>Tuesday</i>		<i>Chicken Noodle Soup</i>					
	Ground Beef		Seasoned Grong Beef		Chicken Breast		Meat / Alt	<i>3 Bean Chili</i>	Meat / Alt	Cheese
	(W) WG Noodle		(W) WG Tortilla Wrap		(W) WG Roll		Grain	WG Brown Rice	Grain	Pizza Crust
	String Beans		Tomato Salsa / Lettuce		Cauliflower Medley		Veg	Carrots / Corn	Veg	Toamato Sauce
	Pears		(C) Mandarin Oranges		(C) Fruit Cocktail		Fruit	(C) Pineapple	Fruit	Applesauce
	1% or Whole Milk		1% or Whole Milk		1% or Whole Milk		Milk	1% or Whole Milk	Milk	1% or Whole Milk
L / D		L / D		L / D		L / D		L / D		L / D
MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY [5]		
			<i>W Sweet &amp; Sour Chicken</i>		<i>Cheese Flatbread</i>					
			Chicken Breast		DF Mozzarella Cheese		Meat / Alt	Grilled Chicken Breast	Meat / Alt	Cheese
			WG Brown Rice		(W) WG Flatbread		Grain	WG Dinner Roll	Grain	Pizza Crust
			Cauliflower Medley		Broccoli		Veg	Sweet Potatoes	Veg	Toamato Sauce
			(C) Mandarin Oranges		(C) Fruit Cocktail		Fruit	(C) Pineapple	Fruit	Applesauce
			1% or Whole Milk		1% or Whole Milk		Milk	1% or Whole Milk	Milk	1% or Whole Milk
L / D		L / D		L / D		L / D		L / D		L / D

[1] WEEK 2

[2] WEEK 3

[3] WEEK 4

[4] WEEK 1

[5] WEEK 2