

VEGETARIAN MENU

2 - WEEK ROTATING MENU

MONTH: APRIL

YEAR : 2024

CENTER: Parent Infant Center



ACAW Enterprise
Childcare Food Service & Manufacturing

MENU KEY:	
(D)	= Dairy
(B)	= Beef
(E)	= Egg
(C)	= Citrus
(W)	= Wheat

1	MONDAY	2	TUESDAY	3	WEDNESDAY	1	THURSDAY	2	FRIDAY [1]
L / D	Meat / Alt (W) Veggie Beef Stroganoff	L / D	Meat / Alt (W) Plant Based Sweet & Sour Chicken	L / D	Meat / Alt Cheese Flatbread	L / D	(D) (W) Macaroni & Cheese	L / D	 CENTER PROVIDES PIZZA
	Veggie Crumbles		WG Brown Rice		Mozzarella Cheese		(W) WG Rotini Noodles		
	Grain (W) WG Egg Noodle		WG Cauliflower Medley		(W) WG Flatbread		Sliced Carrots		
	Veg String Beans		Fresh Fruit, Apple Slices		Broccoli		Fresh Fruit, Oranges		
	Fruit Fresh Fruit, Canteloupe Melon		1% or Whole Milk		Fresh Fruit, Kiwi		1% or Whole Milk		
Milk		Milk		Milk		Milk			
4	MONDAY	5	TUESDAY	6	WEDNESDAY	7	THURSDAY	8	FRIDAY [2]
L / D	Meat / Alt (W) Veggie Baked Ziti	L / D	Meat / Alt (W) Veggie Casserole	L / D	Meat / Alt Cheese Flatbread	L / D	Sloppy Joe	L / D	 CENTER PROVIDES PIZZA
	Mozzarella Cheese / Veggie Crumbles		Plant Based Chicken		Mozzarella Cheese		Veggie Crumbles		
	Grain (W) WG Noodle		(W) WG Noodle		(W) WG Flatbread		(W) WG Egg Noodle		
	Veg String Beans		Cauliflower Medley		Broccoli		String Beans		
	Fruit Fresh Fruit, Canteloupe Melon		Fresh Fruit, Apple Slices		Fresh Fruit, Kiwi		Fresh Fruit, Oranges		
Milk	1% or Whole Milk	Milk	1% or Whole Milk	Milk	1% or Whole Milk	Milk	1% or Whole Milk		
11	MONDAY	12	TUESDAY	13	WEDNESDAY	14	THURSDAY	15	FRIDAY [3]
L / D	Meat / Alt (W) Veggie Beef Stroganoff	L / D	Meat / Alt (W) Pulled BBQ Chicken	L / D	Meat / Alt Cheese Flatbread	L / D	(D) (W) Macaroni & Cheese	L / D	 CENTER PROVIDES PIZZA
	Veggie Crumbles		Plant Based Chicken		Mozzarella Cheese		(W) WG Rotini Noodles		
	Grain (W) WG Egg Noodle		WG Dinner Roll		(W) WG Flatbread		Sliced Carrots		
	Veg String Beans		Cauliflower Medley		Broccoli		Fresh Fruit, Oranges		
	Fruit Fresh Fruit, Canteloupe Melon		Fresh Fruit, Apple Slices		Fresh Fruit, Kiwi		1% or Whole Milk		
Milk	1% or Whole Milk	Milk	1% or Whole Milk	Milk	1% or Whole Milk	Milk	1% or Whole Milk		
18	MONDAY	19	TUESDAY	20	WEDNESDAY	21	THURSDAY	22	FRIDAY [4]
L / D	Meat / Alt (W) Veggie Baked Ziti	L / D	Meat / Alt (W) Taco Tuesday	L / D	Meat / Alt Cheese Flatbread	L / D	Veggie Chili	L / D	 CENTER PROVIDES PIZZA
	Mozzarella Cheese / Veggie Crumbles		Veggie Crumbles		Mozzarella Cheese		Beans		
	Grain (W) WG Noodle		(W) WG Tortilla Wrap		(W) WG Roll		WG Brown Rice		
	Veg String Beans		Tomato Salsa / Lettuce		Cauliflower Medley		Carrots / Corn		
	Fruit Fresh Fruit, Canteloupe Melon		Fresh Fruit, Apple Slices		Fresh Fruit, Kiwi		Fresh Fruit, Oranges		
Milk	1% or Whole Milk	Milk	1% or Whole Milk	Milk	1% or Whole Milk	Milk	1% or Whole Milk		
25	MONDAY	26	TUESDAY						[5]
L / D	Meat / Alt (W) Veggie Beef Stroganoff	L / D	Meat / Alt (W) Plant Based Sweet & Sour Chicken						
	Veggie Crumbles		WG Brown Rice						
	Grain (W) WG Egg Noodle		WG Cauliflower Medley						
	Veg String Beans		Fresh Fruit, Apple Slices						
	Fruit Fresh Fruit, Canteloupe Melon		1% or Whole Milk						
Milk		Milk							

[1] WEEK 2

[2] WEEK 3

[3] WEEK 4

[4] WEEK 1

[5] WEEK 2