

STANDARD MENU

4 - WEEK ROTATING MENU

MONTH: SEPTEMBER
YEAR : 2023

CENTER: PARENT INFANT CENTER



ACAW Enterprise
Childcare Food Service & Manufacturing

MENU KEY:

(D) = Dairy

(B) = Beef

(E) = Egg

(C) = Citrus

(W) = Wheat

[1]

	MONDAY		TUESDAY		WEDNESDAY		THURSDAY	1	FRIDAY [2]
		L / D			L / D			L / D	

4	MONDAY	5	TUESDAY	6	WEDNESDAY	7	THURSDAY		FRIDAY [3]
	PIC CLOSED		Meat / Alt Chicken Tenders w/ Honey Mustard		Meat / Alt Turkey Burger w/ Cheese Option		(D) (W) Macaroni & Cheese		Meat / Alt Cheese
	FOR LABOR DAY		Grain (W) WG Roll		Grain (W) WG Hamburger Roll		Grain (W) WG Rotini Noodles		Grain Pizza Crust
			Veg String Beans		Veg Sweet Potato Mash		Veg Broccoli / Cauliflower / Carrot		Veg Toamato Sauce
			Fruit Apple Slices		Fruit Watermelon, Fresh		Fruit Oranges, Fresh		Fruit Applesauce
L / D		L / D	Milk 1% or Whole Milk	L / D	Milk 1% or Whole Milk	L / D	Milk 1% or Whole Milk	L / D	Milk 1% or Whole Milk

11	MONDAY	12	TUESDAY	13	WEDNESDAY	14	THURSDAY	18	FRIDAY [4]
	(D) (W) (B) Baked Ziti Beef Meatsauce / Mozzarella		(W) General Tso Chicken Sandwich Chicken Patty		Meat / Alt Turkey & Gravy		(D) (W) Sloppy Joe Ground Beef		Meat / Alt Cheese
	Grain (W) WG Noodle		Grain (W) WG Hamburger Roll		Grain WG Brown Rice		Grain (W) WG Hamburger Roll		Grain Pizza Crust
	Veg Mixed Vegetable		Veg String Beans		Veg Broccoli / Cauliflower / Carrot		Veg Cob Corn		Veg Toamato Sauce
	Fruit Cantelope Melon		Fruit Apple Slices		Fruit Watermelon, Fresh		Fruit Oranges, Fresh		Fruit Applesauce
L / D	Milk 1% or Whole Milk	L / D	Milk 1% or Whole Milk	L / D	Milk 1% or Whole Milk	L / D	Milk 1% or Whole Milk	L / D	Milk 1% or Whole Milk

18	MONDAY	19	TUESDAY	20	WEDNESDAY	21	THURSDAY		FRIDAY [5]
	Meat / Alt Cowboy Beans Ground Beef		Meat / Alt Chicken Noodle Soup Chicken Breast		Meat / Alt Q Steak Flatbread Beef Steak / Mozzarella Cheese / BBQ Sauce		(D) (W) Macaroni & Cheese		Meat / Alt Cheese
	Grain (W) WG Dinner Roll		Grain (W) WG Rotini Noodle		Grain (W) WG Flatbread		Grain (W) WG Rotini Noodles		Grain Pizza Crust
	Veg Veggie Baked Beans		Veg String Beans		Veg Broccoli / Cauliflower / Carrot		Veg Vegetable Medley		Veg Toamato Sauce
	Fruit Cantelope / Honeydew		Fruit Apple Slices		Fruit Watermelon, Fresh		Fruit Oranges, Fresh		Fruit Applesauce
L / D	Milk 1% or Whole Milk	L / D	Milk 1% or Whole Milk	L / D	Milk 1% or Whole Milk	L / D	Milk 1% or Whole Milk	L / D	Milk 1% or Whole Milk

25	MONDAY	26	TUESDAY	27	WEDNESDAY	28	THURSDAY		FRIDAY [6]
	(D) (W) (B) Baked Ziti Beef Meatsauce / Mozzarella		(D) Pulled BBQ Chicken w/ Cheddar Cheese		(D) Walking Taco Seasoned Turkey, Cheddar		Turkey & Cheese Sliders Turkey Breast / Cheddar Cheese		Meat / Alt Cheese
	Grain (W) WG Noodle		Grain (W) WG Corn Bread Poppers		Grain (W) WG Tortilla Wrap		Grain WG Slider Roll		Grain Pizza Crust
	Veg Mixed Vegetable		Veg String Beans		Veg Tomato Salsa / Lettuce		Veg Tossed Salad w/ Dressing		Veg Toamato Sauce
	Fruit Cantelope Melon		Fruit Apple Slices		Fruit Watermelon, Fresh		Fruit Oranges, Fresh		Fruit Applesauce
L / D	Milk 1% or Whole Milk	L / D	Milk 1% or Whole Milk	L / D	Milk 1% or Whole Milk	L / D	Milk 1% or Whole Milk	L / D	Milk 1% or Whole Milk

[1] WEEK 1

[2] WEEK 3

[3] WEEK 4

[4] WEEK 1

[5] WEEK 2

[6] WEEK 3