

STANDARD MENU

4 - WEEK ROTATING MENU

MONTH: MARCH
YEAR: 2023

CENTER: PARENT INFANT CENTER



ACAW Enterprise
Childcare Food Service & Manufacturing

MENU KEY:

(D) = Dairy
(B) = Beef
(E) = Egg
(C) = Citrus
(W) = Wheat

30	MONDAY	31	TUESDAY	1	WEDNESDAY	2	THURSDAY	3	FRIDAY [1]
					Meat / Alt Turkey & Gravy		(D) (W) Mozzarella Pizza Stix Mozzarella Cheese		Meat / Alt) Sloppy Joe Ground Beef
					Grain WG Brown Rice		Grain WG Breading		Grain (W) WG Hamburger Roll
					Veg Broccoli / Cauliflower / Carrot		Veg Broccoli / Cauliflower / Carrot		Veg Cob Corn
					Fruit Fruit Cocktail		Fruit Pineapple		Fruit Peaches
				L / D Milk	1% or Whole Milk	L / D Milk	1% or Whole Milk	L / D Milk	1% or Whole Milk

6	MONDAY	7	TUESDAY	8	WEDNESDAY	9	THURSDAY	10	FRIDAY [2]
	Meat / Alt (B) Cowboy Beans Ground Beef / Veg Baked Beans		Meat / Alt Chicken Noodle Soup Chicken Breast		Meat / Alt Turkey Burger w/ Cheese Option		(D) (W) Macaroni & Cheese		Meat / Alt (D) (W) Grill Cheese
	Grain (W) WG Dinner Roll		Grain (W) WG Rotini Noodle		Grain (W) WG Hamburger Roll		Grain (W) WG Rotini Noodles		Grain (W) WG Sliced Bread
	Veg Mixed Vegetable		Veg String Beans		Veg Sweet Potato Mash		Veg Vegetable Medley		Veg Tomato Basil Soup
	Fruit Pears		Fruit (C) Mandarin Oranges		Fruit Fruit Cocktail		Fruit Pineapple		Fruit Peaches
L / D	Milk 1% or Whole Milk	L / D	Milk 1% or Whole Milk	L / D	Milk 1% or Whole Milk	L / D	Milk 1% or Whole Milk	L / D	Milk 1% or Whole Milk

13	MONDAY	14	TUESDAY	15	WEDNESDAY	16	THURSDAY	17	FRIDAY [3]
	Meat / Alt (D) (W) (B) Baked Ziti Beef Meatsauce / Mozzarella		Meat / Alt (D) Pulled BBQ Chicken w/ Cheddar Cheese		Meat / Alt (D) Walking Taco Seasoned Turkey, Cheddar		(D) (W) Mozzarella Pizza Stix Mozzarella Cheese		Meat / Alt Turkey & Cheese Sliders Turkey Lunchmeat / Cheddar Cheese
	Grain (W) WG Noodle		Grain (W) WG Corn Bread Poppers		Grain (W) Corn Chips		Grain WG Breading		Grain WG Slider Roll
	Veg Mixed Vegetable		Veg String Beans		Veg Lettuce / Diced Tomato		Veg Broccoli / Cauliflower / Carrot		Veg Tossed Salad w/ Dressing
	Fruit Pears		Fruit (C) Mandarin Oranges		Fruit Fruit Cocktail		Fruit Pineapple		Fruit Peaches
L / D	Milk 1% or Whole Milk	L / D	Milk 1% or Whole Milk	L / D	Milk 1% or Whole Milk	L / D	Milk 1% or Whole Milk	L / D	Milk 1% or Whole Milk

20	MONDAY	21	TUESDAY	22	WEDNESDAY	23	THURSDAY	24	FRIDAY [4]
	Meat / Alt (B) Meatball w/ Gravy		Meat / Alt Chicken Tenders w/ Honey Mustard		Meat / Alt Turkey Burger w/ Cheese Option		(D) (W) Macaroni & Cheese		Meat / Alt (D) Pizza Bagel Turk. Pepperoni / Mozzarella
	Grain (W) WG Rotini Noodle		Grain (W) WG Roll		Grain (W) WG Hamburger Roll		Grain (W) WG Rotini Noodles		Grain WG Bagel
	Veg Mixed Vegetable		Veg String Beans		Veg Sweet Potato Mash		Veg Vegetable Medley		Veg Tossed Salad
	Fruit Pears		Fruit (C) Mandarin Oranges		Fruit Fruit Cocktail		Fruit Pineapple		Fruit Peaches
L / D	Milk 1% or Whole Milk	L / D	Milk 1% or Whole Milk	L / D	Milk 1% or Whole Milk	L / D	Milk 1% or Whole Milk	L / D	Milk 1% or Whole Milk

27	MONDAY	28	TUESDAY	29	WEDNESDAY	30	THURSDAY	31	FRIDAY [5]
	Meat / Alt (B) Salisbury Steak		(W) General Tso Chicken Sandwich Chicken Patty						
	Grain WG Dinner Roll		Grain (W) WG Hamburger Roll						
	Veg Mix Veg / Mashed Potato		Veg String Beans						
	Fruit Pears		Fruit (C) Mandarin Oranges						
L / D	Milk 1% or Whole Milk	L / D	Milk 1% or Whole Milk						

[1] WEEK 1

[2] WEEK 2

[3] WEEK 3

[4] WEEK 4

[5] WEEK 1