



August 2021

Summary of current COVID policies for families of school-age children

Unfortunately, the COVID Delta variant continues to be a strong and highly contagious force, and the number of cases are rapidly rising. Once again, federal, state, and local guidelines and recommendations are changing daily. We are currently working with our COVID Task Force consulting physician to identify the need for additional changes in PIC policies.

In the meantime, here is a summary of important COVID policies currently in place.
Thank you for your patience as we adjust to the rapid changes related to COVID-19.

MASKS

- Masks are required inside and outside on PIC grounds by all adults and children ages 2 and older. **This includes vaccinated and unvaccinated individuals.**
- Parents/caregivers should wear face masks at arrival and dismissal times.
- Masks must be worn over the nose and mouth.
- If you do not have a mask when entering the PIC grounds, a disposable mask will be provided.
- *Please note:* **Outside of PIC**, mask wearing is advised for all vaccinated and unvaccinated adults and children over the age of 2 while indoors, especially in places where you do not know that everyone is vaccinated.

BUILDING ENTRY

- Tuesday, August 31 is the 1st day of the after school program for the 2021-22 school year.
- We ask that School Age families drop-off (when open for full-days) and pick-up at the entrance doors to the school-age buildings (Stucco and Aviary).
- We ask that family members do not come into the buildings.

DAILY COVID-19 HEALTH SCREENINGS

- On days that the school age program is open for full-days, families must complete a daily screening tool that will be emailed and texted to them each morning. Families will need to show the “green screen” to the teacher they see at drop-off.

KEEP YOUR CHILD HOME IF EXPERIENCING COVID-LIKE SYMPTOMS.

- Children exhibiting any ONE of the following symptoms need to stay home from PIC: *a fever over 100 degrees, new cough, loss of taste or smell, or shortness of breath.*
- Children exhibiting any TWO of the following symptoms will need to stay home: *nausea/ vomiting, diarrhea, fatigue, congestion/runny nose, chills, rigors, muscle pain, headache, or sore throat.*
- **If your child is experiencing COVID-like symptoms, contact Executive Director Deb Green at dgreen@parentinfantcenter.org and copy Jessica Carter at jcarter@parentinfantcenter.org.**

While at PIC, teachers will visually check children for signs of illness, which could include flushed cheeks, rapid breathing or difficulty breathing (without recent physical activity), fatigue, or extreme fussiness, and confirm that the child does not have a fever and is not experiencing coughing or shortness of breath. Children will be sent home with any of these symptoms.

RETURN TO PIC AFTER SYMPTOMS

In order to return to PIC after any of the symptoms above, families must provide (1) a negative COVID test result (PCR test conducted at a laboratory/provider’s office), (2) a note from the child’s physician stating that the symptoms are not COVID-related, or (3) the child must isolate at home for 10 days.

EXPOSURE TO COVID

If you, your child, or a close contact is diagnosed with COVID-19 or has contact with someone waiting for test results (taken for symptoms) contact Executive Director Deb Green at dgreen@parentinfantcenter.org and copy Jessica Carter at jcarter@parentinfantcenter.org so that we can perform proper contact tracing and mitigation within our facilities. This information will be kept confidential.

A COVID exposure is defined as the following:

- You were within 6 feet or less for MORE than 15 minutes over a 24 hour period to a person confirmed to have COVID-19.
- You had this exposure to the person with COVID within 48 hours before their onset of symptoms OR 48 hours before their positive test was taken (if the person who is COVID-positive has no symptoms).

Fully vaccinated people (defined as at least two weeks after the last COVID-19 shot) who have been exposed to a person with confirmed COVID infection, DO NOT need to quarantine before returning to PIC if not having any symptoms of COVID-19. However, it is recommended that fully vaccinated individuals with a COVID exposure monitor themselves for symptoms for 14 days after the exposure, and receive a COVID test 5 days after the exposure.

If an **unvaccinated individual (includes ALL the children in our school age program)** is exposed to a person with COVID-19 infection, he/she/they should:

- **Notify Deb Green (dgreen@parentinfantcenter.org) and Jessica Carter (jcarter@parentinfantcenter.org)**
- Quarantine at home--and do not go to work, child care, school, or public places--for 10 days (previously 14 days).
- Continue to self-monitor for symptoms of COVID-19 for 14 days after the last day they were in close contact with the COVID-19 infected person.
- Note: If you are NOT able to isolate from a person who has tested positive for COVID-19 (ex. family member), you must quarantine for 10 days (while the close contact recovers from COVID), then quarantine an additional 14 days.

SIBLINGS AND COVID EXPOSURE

If a child has a sibling who has tested positive for COVID, the child must stay home and quarantine for at least 14 days. If the child is not able to isolate from their sibling, they must stay home for a total of 24 days (10 + 14 days as above).

If a child's classroom has a teacher or a child who has tested positive, the sibling may come to PIC, provided they or their sibling do not have symptoms. If the sibling or child have symptoms, then the child(ren) with symptoms need to stay home and undergo COVID testing.

If a child has COVID-like symptoms and is awaiting testing, the sibling must stay home until the negative test result is received.

GATHERINGS OUTSIDE OF PIC

- We follow these CDC recommendations:
 - Unvaccinated individuals, which includes ALL PIC children, need to wear masks at indoor gatherings with more than one other household of unvaccinated people.
 - Avoid large events and gatherings, indoor or outdoor.
 - Avoid frequent gatherings (even small gatherings) with different unvaccinated households.
- **Please keep in mind that COVID-19 continues to circulate widely, and it remains safer for all to gather outdoors, with social distancing, masks on at all times, and with frequent hand washing.**

TRAVEL

- The following is REQUIRED for travel by plane, train or bus (unless commuting to work or school) **WITH UNVACCINATED ADULTS OR CHILDREN**.
 - Quarantine for 10 days after travel (previously 14 days), OR
 - Get tested with a COVID PCR test 3-5 days after travel AND quarantine for 7 days.
- Fully-vaccinated adults NOT traveling with unvaccinated children (air, train and bus travel included) do NOT need to quarantine.

Before you travel, however, you should check for any local guidelines regarding travel restrictions at your destination:

- Some states/cities may require testing before traveling or quarantining at your destination upon your arrival.
- Non essential travel is still discouraged by the CDC since travel increases your chance of getting and spreading COVID-19.
- All passengers coming into the United States, including U.S. citizens, are required to have a negative COVID-19 test result or documentation of recovery from COVID-19 before boarding a flight to the United States.
- Masks are required on planes, buses, trains, and other forms of public transportation traveling into, within, or out of the United States and in U.S. transportation hubs such as airports and stations.
- We ask that as much as possible, avoid large gatherings, and when in public spaces please continue to wear masks and practice social distancing.

CLASSROOM COHORTS

We are continuing with the classroom cohort model that we have had in place all last year. At PIC, classrooms are kept with their age group both inside and outside.

FINANCIAL RESPONSIBILITY

It is the responsibility of the family to continue to pay the invoiced tuition rate, regardless if a child needs to miss days due to individual or group quarantine.