

January 2021



Lunch Entrees Lunch Sides	MONDAY Jan-4 grilled chicken w/wg rice pasta bake w/ ww rotini corn/ pineapple	TUESDAY Jan-5 chicken nuggets w/ ww bread lentil bolognese maple glazed carrots/ pears	WEDNESDAY Jan-6 beef tacos w/ ww tortilla veggie chili mac w/ wg elbows peas/ banana	THURSDAY Jan-7 mac & cheese turkey chili w/ wg rice cucumbers/ mango	FRIDAY Jan-8 PIZZA FRIDAY ASSORTED FRUIT
Lunch Entrees Lunch Sides	MONDAY Jan-11 grilled chicken w/penne marinara veggie fried rice w/ edamame peas and carrots/ applesauce	TUESDAY Jan-12 fish sticks w/ww pita mexican black beans and rice mashed sweet potato/ pineapple	WEDNESDAY Jan-13 chicken nuggets w/ wg biscuits zucchini parm maple glazed carrots/ seasonal melon	THURSDAY Jan-14 bbq tofu w/ ww bread grilled chicken w/ wg blend green beans/ oranges	FRIDAY Jan-15 PIZZA FRIDAY ASSORTED FRUIT
Lunch Entrees Lunch Sides	MONDAY Jan-18 MLK DAY PIC CLOSED NO SMARTLUNCHES	TUESDAY Jan-19 salisbury steak w/ww bread veggie chili w/ wg rice corn/ peaches	WEDNESDAY Jan-20 fiesta tofu w/ wg rice grilled chicken w/ penne marinara cucumbers/ mango	THURSDAY Jan-21 turkey spanish rice pasta bake w/ ww rotini green beans/ seasonal melon	FRIDAY Jan-22 PIZZA FRIDAY ASSORTED FRUIT
Lunch Entrees Lunch Sides	MONDAY Jan-25 fish sticks w/wg rice lentil bolognese fiesta chicken peas and carrots/ pineapple	TUESDAY Jan-26 shepherd's pie w/ ww bread mexican black beans and rice green beans/ oranges	WEDNESDAY Jan-27 chicken nuggets w/ww pita lentil chickpea curry corn/ seasonal melon	THURSDAY Jan-28 pasta with meat sauce korean bbq tofu w/ biscuits mashed sweet potato/ pears	FRIDAY Jan-29 PIZZA FRIDAY ASSORTED FRUIT