

# November, 2020



monday

tuesday

wednesday

thursday

friday

	02	03	04	05	06
Lunch	Fish Sticks w/ WW Pita Veggie Chili w/ WG Rice	Beef Tacos w/ WW Tortilla Teriyaki Veggie Noodles Pasta with Meat Sauce	Fiesta Chicken w/ WG Rice Mac and Cheese	Turkey Spanish Rice Pasta Bake w/ WW Rotini	PIZZA DAY
Sides	Peas/ Pears	Maple Glazed Carrots/ Peaches	Green Beans/ Mango	Corn/ Oranges	
Lunch	Beef Teriyaki w/ WG Rice Teriyaki Veggie Noodles	BBQ Chicken w/ WG Rotini Potato, Black Bean & Tofu Hash w/ WG Rice	Turkey Chili w/ WG Rice Cheesy Frittata with WW Pita	Chicken Nuggets w/ WW Pita Lentil Chickpea Curry w/ WG Rice	PIZZA DAY
Sides	Corn/ Applesauce	Mashed Sweet Potato/Pears	Peas and Carrots/ Seasonal Melon	Cauliflower/ Banana	
Lunch	Grilled Chicken with WG Blend Pasta Bake w/ WW Rotini	Mac and Cheese Turkey Chili w/ WG Rice	Grilled Chicken Parm w/ WW Rotini Lentil Bolognese w/ WW Rotini	Pasta w/ Meat Sauce Zucchini Parm w/ WW Rotini	PIZZA DAY
Sides	Maple Glazed Carrots/ Mango	Peas/ Oranges.	Corn/ Pineapple	Mashed Sweet Potato/ Peaches	
Lunch	BBQ Meatloaf w/ WG Rice Veggie Chili w/ WG Rice	Chicken & Gravy w/ WG Biscuits Veggie Fried Rice with Edamame	Chicken Fried Rice Fiesta Tofu w/WG Rice Pasta with Meat Sauce	No Smart Lunches Today Thanksgiving Break	No Smart Lunches Today Thanksgiving Break
Sides	Peas/ Applesauce	Green Beans/ Seasonal Melon	Maple Glazed Carrots/ Pears		
Lunch	Curry Chicken w/ WG Rice Pasta Bake w/ WW Rotini	Beef Noodle Casserole Mac and Cheese Grilled Chicken w/ WG Blend	Chicken Fajitas w/ WW Tortilla Mexican Black Beans and Rice	Fish Sticks w/ WG Rice Lentil Bolognese w/ WW Rotini	PIZZA DAY
Sides	Corn/ Peaches	Mashed Sweet Potato/ Pineapple	Cauliflower/ Mango	Green Beans/ Applesauce	