

November 2020



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Sweet Potatoes Apples Rice or Oatmeal	3 Carrots Bananas Rice or Oatmeal	4 Green Beans Pears Rice or Oatmeal	5 Peas Pears Rice or Oatmeal	6 Carrots Apples Rice or Oatmeal	7
8	9 Green Beans Apples Rice or Oatmeal	10 Peas Apples Rice or Oatmeal	11 Carrots Pears Rice or Oatmeal	12 Sweet Potatoes Pears Rice or Oatmeal	13 Peas Bananas Rice or Oatmeal	14
15	16 Carrots Apples Rice or Oatmeal	17 Green Beans Pears Rice or Oatmeal	18 Sweet Potatoes Pears Rice or Oatmeal	19 Peas Bananas Rice or Oatmeal	20 Green Beans Bananas Rice or Oatmeal	21
22	23 Sweet Potatoes Apples Rice or Oatmeal	24 Peas Bananas Rice or Oatmeal	25 Green Beans Pears Rice or Oatmeal	26 PIC CLOSED THANKSGIVING BREAK	27 PIC CLOSED THANKSGIVING BREAK	28
29	30 Carrots Pears Rice or Oatmeal					

Infants who eat purees:

**All meals follow the CACFP guidelines. Infant formula or breastmilk and infant cereal are offered at each meal. Purees are for children 6-11 months old. Meals are adjusted as needed per child.*