

september, 2020



monday		tuesday		wednesday		thursday		friday
31		01		02		03		04
Lunch	Grilled Chicken With Whole Grains Mac And Cheese	Turkey Chili Pasta Bake	Bbq Chicken With Goldfish Lentil Bolognese	Fish Sticks With Rice Veggie Chili	PIZZA DAY!			
Sides	Corn/ Mango	Mashed Sweet Potato/ Pineapple	Peas/ Watermelon	Green Beans/ Banana				
Snack	Bagel And Applesauce	Overnight Oats And Mixed Berries	Chech And Banana	Apple Cinnamon Muffin And Applesauce				
Snack	Ricotta And Mixed Berries Cheese Stick And Carrots	Bubbles And Fish And Oranges Wedges Grilled Chicken And Cucumbers	Yogurt And Peaches Graham Crackers And Banana	Cottage Cheese And Pineapple Black Beans Corn And Pita				
07		08		09		10		11
Lunch	Labor Day No Smart Lunches Service	Pasta With Meat Sauce Mac And Cheese	Grilled Chicken Parm Mexican Black Beans And Rice	Korean Bbq Turkey Lentil Bolognese	PIZZA DAY!			
Sides		Maple Glazed Carrots/ Orange Wedges	Peas And Carrots/ Peaches	Cauliflower/ Watermelon				
Snack		Cheerios And Applesauce	Apple Cinnamon Muffin And Banana	Overnight Oats And Mixed Berries				
Snack		Graham Crackers And Pears Black Beans Corn And Pita	Yogurt And Pineapple Bagel And Sunbutter	Cottage Cheese And Peaches Grilled Chicken And Cucumbers				
14		15		16		17		18
Lunch	Fish Sticks And Rice Veggie Chili	Curry Chicken And Veggies Teriyaki Veggie Noodles	Beef Teriyaki Korean Bbq Lentils Grilled Chicken With Whole Grains	Bbq Chicken And Rice Lentil Chickpea Curry	PIZZA DAY!			
Sides	Corn/ Pineapple	Mashed Sweet Potato/ Peaches	Green Beans/ Applesauce	Maple Glazed Carrots/ Pears				
Snack	Cheese Stick And Mango	Yogurt And Mixed Berries	Chech And Pineapple	Blueberry Muffin And Applesauce				
Snack	Yogurt And Peaches Chech And Applesauce	Cottage Cheese And Pears Graham Crackers And Pineapple	Bubbles And Fish And Oranges Grilled Chicken And Cucumbers	Cottage Cheese And Pineapple Cornbread And Orange Wedges				
21		22		23		24		25
Lunch	Grilled Chicken With Whole Grains Mac And Cheese	Bbq Meatloaf Mexican Black Beans And Rice	Teriyaki Chicken Veggie Chili	Chicken Casserole Veggie Pasta Salad	PIZZA DAY!			
Sides	Peas/ Applesauce	Green Beans/ Peaches	Maple Glazed Carrots/ Pineapple	Mashed Sweet Potato/ Seasonal Melon				
Snack	Chech And Pears	Yogurt And Mixed Berries	Apple Cinnamon Muffin And Applesauce	Cheerios And Banana				
Snack	Cottage Cheese And Pineapple Graham Crackers And Orange Wedges	Cheese Stick And Mango Bagel And Sunbutter	Cheerios And Pears Black Beans Corn And Pita	Yogurt And Mixed Berries Cheese Stick And Carrots				
28		29		30		01		02
Lunch	Pasta With Meat Sauce Teriyaki Veggie Noodles	Chicken Nuggets With Goldfish Lentil Bolognese	Korean Bbq Turkey Mexican Black Beans And Rice	Fiesta Chicken Korean Bbq Lentils	PIZZA DAY!			
Sides	Green Beans/ Pineapple	Maple Glazed Carrots/ Applesauce	Cauliflower/ Mango	Corn/ Peaches				
Snack	Cheerios And Mango	Yogurt And Peaches	Chech And Pineapple	Overnight Oats And Mixed Berries				
Snack	Cheese Stick And Pears Black Beans Corn And Pita	Cottage Cheese And Mixed Berries Cornbread And Orange Wedges	Graham Crackers And Pears Cheese Stick And Cucumbers	Bubbles And Fish And Orange Wedges Grilled Chicken And Pita				