



1/6	1/7	1/8	1/9	1/10
Entrée: BBQ Chicken w/Whole Grain Rotini Restricted: Veggie Chili w/ Whole Grain Rice Sides Peaches/Sweet Corn	Entrée: Mac & Cheese Restricted: Pasta w/ Meat Sauce Sides Cauliflower/Diced Pineapple	Entrée: Mexican Beans & Rice Restricted: Chicken Casserole Sides Seasonal Melon/Peas	Entrée: BBQ Meatloaf w/ Whole Grain Rice Restricted: Pasta Bake w/ Whole Wheat Rotini Sides Green Beans/Diced Mango	Entree: Cheese Pizza Restricted Diet: Tomato Pie Sides Fresh Fruit
1/13	1/14	1/15	1/16	1/17
Entrée: Pasta w/ Meat Sauce Restricted: BBQ Tofu w/ Whole Grain Rice Sides Peas/Orange Wedges	Entrée: Curry Chicken w/ Veggies and Rice Restricted: Cold Cheese Quesadilla Sides Mashed Sweet Potato/Peaches	Entrée: Lentil Bolognese Restricted: N/A Sides Peas & Carrots/Diced Pineapple	Entrée: BBQ Chicken w/ Whole Grain Rotini Restricted: Warm Cheesy Refried Bean Dip w/Whole Wheat Pita Sides Seasonal Melon/Chilled Broccoli	Entree: Cheese Pizza Restricted Diet: Tomato Pie Sides Fresh Fruit
1/20	1/21	1/22	1/23	1/24
NO SERVICE	Entrée: Turkey Sandwich Restricted: Pasta w/ Meat Sauce Sides Peas/Applesauce	Entrée: Chicken Fried Rice Restricted: Veggie Teriyaki Noodles Sides Cauliflower/Orange Wedges	Entrée: Lentil Chickpea Curry w/ Whole Grain Rice Restricted: N/A Sides Zucchini/Peaches	Entree: Cheese Pizza Restricted Diet: Tomato Pie Sides Fresh Fruit
1/27	1/28	1/29	1/30	1/31
Entrée: Vegetarian Chili w/ Whole Grain Rice Restricted: N/A Sides Corn/Mango	Entrée: Grilled Chicken w/ Whole Grain Blend Restricted: Pasta Bake w/ Whole Wheat Rotini Sides Peas & Carrots/Seasonal Melon	Entrée: Mac & Cheese Restricted: Turkey Chili w/ Whole Grain Rice Sides Mashed Sweet Potato/Applesauce	Entrée: Chicken Nuggets w/ Whole Wheat Pita Restricted: Veggie Fried Rice w/ Edamame Sides Cauliflower/Orange Wedges	Entree: Cheese Pizza Restricted Diet: Tomato Pie Sides Fresh Fruit