

Lunch Menu (vegetarian and restricted options) July 2019

	Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4	5
Entree	Mac n Cheese Baked Chicken Nuggets w/ rice SESAME	Veggie Chilli w/ rice	Veggie Fried Rice SESAME	NO SCHOOL	Pizza Day
Sides	Maple glazed carrots, corn	Baked Peaches and Green Beans	Baked Apples/Peas and carrots		Assorted fruits & veggies
	8	9	10	11	12
Entree	Black Beans and Rice SESAME	Curry Chicken w/ veggies and rice SESAME Pizza Bread SESAME	Mac n Cheese Baked Fish Sticks SESAME	BBQ Tofu SESAME	Pizza Day
Sides	Baked Apples/maple glazed carrots	Baked Pears/Green Beans	Peas and mashed potatoes	Broccoli and baked apples	Assorted fruits & veggies

